



SAN FERNANDO VALLEY JAPANESE AMERICAN COMMUNITY CENTER

Website: www.sfvjacc.com

Issue 34

July/August
2017

Family Day Raffle Fundraiser

By Tadao Okui

Our Family Day Picnic which was held at Orcas Park the past three years was brought back to our Community Center this year. On Saturday, June 10, over 250 people gathered at the Community Center to have fun and eat hamburgers and hot dogs. Our menu also included potato salad, chips and delicious chili and rice made by Kei Inoue of Hot Meal and served by members of JACL. Our Girl Scout troop pushed around an ice cream cart filled with various flavors of ice cream for all to enjoy. After hamburgers and hot dogs, many had desserts from the Bake Sale, headed by Hitomi Hashimoto and NJ Nakamura, which raised funds for our Nisei Week Queen candidate, Jordyn Adachi. For fun before our raffle drawing, Jordyn announced numbers for our bingo games while the children played games lead by the SF Shooting Stars and SF Killer X-overs and ending with a tug-of-war. Everyone seemed to have fun playing bingo and mingling with friends. Many were surprised when they won one of the various prizes raffled off, especially the three big winners - Norma Jean Yamashita (\$500), Anna Nagai (\$300) and Frank Yamani (\$200).

A big thank you to Liz Doomey and Danny Okazaki for planning this event and to all the people who gave of their time to help - JACL, J-School, Athletics, Judo Club, Girl Scouts, Meiji Senior Club, the CC Board and the SF Queen's Committee. Thank you, too, to all who attended and sent in their raffle tickets, without you, this event would not have been the success it was. We raised over \$9,000 which will go towards the cost of the gym's new motorized rolling doors.

Bringing back the Family Day Picnic to the Center helped save on a lot of expenses we would have incurred for rental of stage, chairs, tables and park fees. Any suggestions on how we can make this event better will be appreciated. Acknowledgements are on page 3 and 4.



(L-R) Kiyoo Watanabe, Doug Carden and Steve Nakata of J-School did a terrific job of cooking the hamburgers and hot dogs.



Bingo game winners.



SF Queen Jordyn Adachi

SFVJACC MISSION STATEMENT

To promote the Japanese culture and preserve the Japanese American experience through education, events and activities for our community.

ACKNOWLEDGEMENTS

For the Months of May & June 2017

Donations

Chuck Itagaki.....
 Matching donation
Minoru Sasaki.....
Robert and Deanna Hanashiro.....
 In memory of Paul Jonokuchi
Jay Rosenthal and Lisa Sugino.....
 In memory of Paul Jonokuchi
Greg Kimura.....
 United Way charitable contribution
Julie Otake.....
Eiji Sato.....
 Bingo winnings from Family Day
Barbara Schlosser.....
 In appreciation of having a flag translated by a
 CC member
Toshi Sugii.....
 Proceeds from the sale of her donated items
Carol Miyake.....
 Raffle winnings from Family Day

Use of Facilities

SFV JACL.....
Ping Pong Club.....
Tuesday Exercise Class.....
Iglesia Garcia Divina.....
Nicole Tsuneishi.....
Elaine Wachi.....
Jan & Co.....
SFV Dance Club.....
Thursday Nite Basketball.....
Wednesday Nite Basketball.....
Hitomi's Cooking Class.....
SF Athletics.....
Aloha Cub.....
Senior Arts & Crafts.....
Laurie Shigekuni.....
Friday Exercise Class.....
Harmonica Class.....
Hula Wahines.....
Country Western Music.....
Pasadena Jr. YBA.....
SFVHBT Buddhist Women's Assoc.....

Miscellaneous

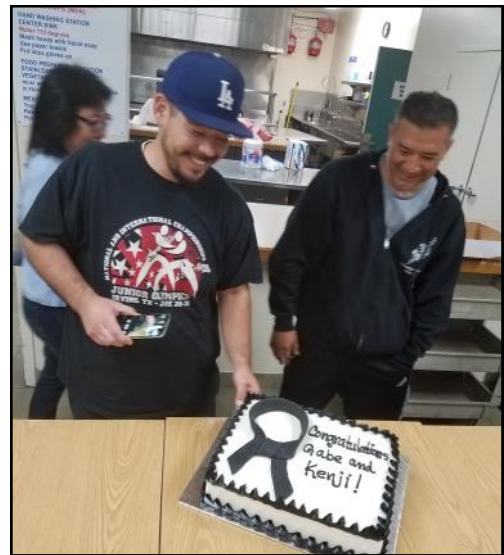
Coffee donation.....
Don Akamine..... 1 (3 lbs) Coffee
Ernie and Jean Fong..... 1 Large pkg. Green tea &
 1 bottle of shoyu
Japanese American Christian Chapel 1 box of books
Ron Kondo..... 3 Boxes (180 Ct) Coffee-Mate
Ping Pong Club..... 1 (3 lbs) Coffee & 1 (3 lbs)
 decaf coffee
Eiji Sato..... 3 Pkgs. (250 sheets ea.) copy paper
Yone Takimoto..... 1 (2 lbs) Coffee

DONATIONS TO HOT MEALS

For the Months of May & June 2017

Ernie and Jean Fong.....2 Qts. Shoyu
George and Grace GotoMonetary donation
Hisako HazardChopsticks
Toni Hendrickson.....Various Kikkoman products
Roy Imazu.....Homemade daikon kimchee
Ray Kawamoto.....Butter mochi for kitchen
 volunteers
Musashi Restaurant.....100 lbs. Rice, 100 chopsticks,
 5 gal. oil
Harry Nakada.....Monetary donation
Sheri Nakamura.....Cookies for kitchen volunteers
 and cake for mother Dottie
 Nakamura's birthday
Rumi Nakata.....Cake for husband Sam Nakata
Northridge Hawaiian Civic Club ... 1 Box sugar packets, 4 (5lbs.)
 coleslaw cabbage
Eiji and Marge Sato.....1 Case Kleenex tissue
Jane Sato.....Zucchini bread/cake for
 kitchen volunteers
Robert and Linda Takayama.....1 Crate each lettuce and
 tomatoes
Yone Takimoto.....2 Pkgs. Takuwan
Ruby Yamaoka.....Strawberry pies for kitchen
 volunteers and cake in
 memory of mother Hatsumi
 Yamaoka

SFV Judo Club News



Congratulations to Kenji Couey
and Gabe Calvillo on their
promotion to the black belt rank!

*Thank you so much for
your generous donations!*

Family Day -

Continued from front page.

Thank You Family Day Raffle Prize Donors

Bridge Club	Kapunas	Ping Pong Club	SFV Japanese Language Institute
Country Western Music	Kus, Michiko	Quijano, Kazuko	SFV Judo Club
Doomey, John & Liz	Mah Jong	Sato, Eiji & Marge	SFV Meiji Senior Club
Fujimoto, Cathy	Murphy, Marian	Senior Arts & Crafts	Shinsato, Ray & Jean
Hall, Kaori	Okazaki, Danny	SFV Athletics	Yamamoto, Janet
Hanafuda	Okui, Tadao & Lois	SFV Ballroom Dance Club	Zumba Class
Jan & Co.	Piatt, Leslie	SFV JACL	

Thank You To The Following People For Supporting Our Family Day Raffle

Akamine, Donald & Suzan	Kami, Kay	Nakahira, Noboru	Sugii, Toshiye
Akita, Mae	Kanagi, Gary & Chisato	Nakama, Fumio	Sumida, Shig
Amano, Eiko	Kanemura, Itsue	Nakamura, Henry	Suzukawa, Steve
Anonymous	Kang, Insook	Nakamura, Mark & Joanne	Suzuki, Caryl
Asuncion, Jean	Karimoto, Lorraine	Nakamura, Richard & NJ	Suzuki, George
Badua, Eloisa	Kasahara, Pat	Nakata, Sam & Rumi	Takata, Kiyoto
Barnese, Art	Kawamoto, Doreen	Nicklaus, Garland & Debbie	Takayama, Linda
Bennett, Leonor	Kawamoto, Ray	Niizawa, Guy & Tracy	Takayoshi, Geraldine
Campos, Katherine	Kawana, Eileen	Nishida, Nana	Takeshima, Shari
Chan, Dorothy	Kimura, Sumi	Nishida, Will	Takeshita, June
Chun, Marian	Kishi, Marilyn	Nobuyuki, Karl & Sandra	Takimoto, Margaret
Clever, Jill	Kita, Gregg	Nomura, Kenso	Takimoto, Yone
Corpuz, James	Kobayashi, John	Oda, George	Tanabe, Roy
Docken, Shirley	Kodani, Powell & Faye	Oda, Kay & Nancy	Tanaka, Denise
Doomey, Liz	Koga, Richard	Oda, Fred	Tanaka, Frank & Marge
Elliott, Tim & Harriet	Kondo, Ron & Janice	Ogawa, Cindy	Tanaka, Leo
Ezaki, Joyce	Koya, Yoshio	Okamoto, Masao & Tsukimi	Tanihana, Jami
Fuchi, Florence	Krushell, Bette	Okano, Jane	Tanijiri, Katie
Fujimoto, Cathy	Kubo, Kathy	Okita, Dennis & Barbara	Tanijiri, Wesley
Fukuda, Theodore	Kumagai, Ken	Okui, Tadao & Lois	Tashima, Mamoru
Fukumoto, Dennis & Jill	Kuratomi, Linda	Omiya, Jerry & Margie	Teramura, Janice
Fukumoto, Nancy	Kurihara, Beverly	O'Neill, Coleen	Teramura, Sharon
Fukuwa, Dianne	Lao, Michi	Otake, Julie	Teraoka, Earl
Furukawa, Larry	Lee, Michelle	Piatt, Leslie	Toji, Sam
Giron, Wiliza	Linder, David & Candice	Pinson, Keiko	Tokunaga, Allan
Gohata, Nancy	Lounibos, Jennifer	Postrzech, Carmen	Tokunaga Kus, Michiko
Goka, Amy	Lowe, Janet	Radman, Ken & Geri	Tomikawa, Myron
Goka, John	Malunao, Gloria	Rivera, John & May	Tomomatsu, Kiyo
Gosselin, Sumako	Matoi, Joanne	Sagara, Harley & Cora	Toya, Michael
Goto, George & Grace	Matsuda, Ike & Yoshi	Saito, Elaine	Uyeda, Cherry
Hamamoto, Sally	Matsuzaki, Judy	Sakaguchi, Hiroyo	Uyeda, Keiko
Hanashiro, Robert & Deanna	Minami, Janet	Sakaguchi, Dr. Bo & Ikuyo	Vale, Mieke
Hashimoto, Hiko & Etsuko	Minami, Monte	Sakamoto, Sachiko	Wachi, Elaine
Hashimoto, Toji & Hitomi	Mitarai, Evelyn	Sasaki, Karen	Watanabe, Julie
Hatakeda, Harold	Miyata, Fumiko	Sato, Eiji & Marge	Watanabe, Kenji & Kyoko
Hazama, Yo	Miyata, Isabelle	Sato, Robert & Setsuko	Whitesell, Timbo
Higashida, James & Rose	Mochizuki, Yaeko	Schuetze, Gene & Jan	Yamada, Johnny & Kay
Hiji, Frank & Betty	Monji, Yo	Serapio, Jeanette	Yamamoto, Dorothy
Hirasuna, Richard & Susan	Moriguchi, Akiko	SFV Judo Club	Yamamoto, Gary & Sandy
Hirayama, Duane	Moriguchi, Reiko	Sherman, Emiko	Yamane, Teddy & Midori
Hori, Fukashi	Morita, Chizuko	Shiba, Dorothy	Yamani, Frank
Imazu, Roy	Mui, Ken & Priscilla	Shigekuni, Phil & Marion	Yamaoka, Emmy
Inaba, Kaname & Kuriyo	Muranaga, Tomi	Shimizu, Rex & Lorraine	Yamaoka, Ruby
Inaba, Shigeko	Muraoka, Clarae	Shinbashi, Ken & Ritsuko	Yamasaki, Mary
Inoue, Bert & Kei	Muraoka, Harold & Shigeko	Shinsato, Ray & Jean	Yamashita, Norma Jean
Ishimoto, Taro & Mary	Muraoka, Victor & Lois	Shirtcliff, Yukie	Yamashita, Sylvia
Itagaki, Chuck	Murphy, Marian	Shishido, Anna	Yamauchi, Darlene
Ito, Brian	Nagai, Anna	Shojinaga, Alice	Yokomizo, Hide
Iwamasa, Grace	Nagasugi, Christina	Shojinaga, Richard	Yoneoka, Harris & Diane
Jin, S. Andrew	Nagata, Hiroyuki	Smith, Kiyomi	Yoshimoto, Yukiko
Kadonaga, Dale	Nakagawa, Koso & Marian	Suenaka Derr, Naomi	Yoshizawa, Jill
Kajiki, Dorothy	Nakagawa, Yoshiharu	Sugahara, Michiko	Yoshizumi, Rich & Evelyn
Kaku, Dick & Pauline			

Continued on page 4.

Thank You To The Following Family Day Volunteers

Carden, Doug	Miyamoto, Linda & Megan
Couey, Kenji	Monji, Yoshiko
Delacruz, Fernan	Nakamura, Mark & Joanne
Docken, Shirley	Nakata, Steve
Doomey, Liz & John	Nobuyuki, Sandy
Fenton, Marlise & Ethan	Oda, Kay & Nancy
Fujimoto, Cathy	Okazaki, Danny & Andy
Hirasuna, Suzie	Okui, Tadao & Lois
Imazu, Roy	Rivera, May
Inoue, Kei	Sato, Eiji & Marge
Itagaki, Chuck	Sato, Setsuko
Kanagi, Chisato	Shigekuni, Phil & Marion
Kawamoto, Doreen	Shinbashi, Ritsuko
Kus, Michiko	Takayama, Nancy
Lau, Bing & Diana	Tanaka, Linda
Liou, Sachiko	Watanabe, Kiyo
Longworth, Wally & Joy	Yamane, Teddy & Midori
Mitarai, Evelyn	Yoneoka, Harris & Diane
Miyake, Carol	



THANK YOU TO ALL FOR SUPPORTING OUR FAMILY DAY RAFFLE FUNDRAISER!!

Thank you Bake Sale Donors

Asuncion, Jean	Nakamura, NJ
Doomey, Liz	Nicklaus, Debbie
Fujimoto, Cathy	Otake, Julie
Hashimoto, Hitomi	Rivera, May
Kawamoto, Doreen	Sato, Flo
Kimura, Sumi	Shigekuni, Marion
Kus, Michiko	Shimizu, Lorraine
Kushida, Mitzi	Stewart, Stephanie
Longworth, Joy	Yamane, Midori
Mitarai, Evelyn	Yamaoka, Ruby
Monji, Yoshiko	Yamauchi, Darlene
Muso, Yuriko	Yoneoka, Diane

SFV JAPANESE LANGUAGE INSTITUTE

By Carmen Aronis

We are happy to announce that SFVJ Language Institute has officially installed a new play structure in the fenced in play area. We would like to thank Mr. and Mrs. Jeen, who graciously donated the play structure and the Community Center for covering the expenses for the installation of the structure. The structure is sure to add to the fun that the children have during recess.

Family Fun Day, held on June 10, proved to be a very enjoyable day. Attendants were busy competing in fun games such as Tsunahiki and Suika Wari. Volunteers from SFVJLI were busy cooking more than 250 hamburgers for the crowd. SFVJLI would like to thank the Fenton Family for their generous donation during the Family Day event.

Our fundraiser at the Obon Festival held the weekend of June 24/25 was a success. SFVJLI exceeded the funds raised at past festivals with our offerings of Edamame, Somen, Mugicha and Lemonade. Many thanks to all of the families who volunteered at our booth and to all of the patrons of our booth!

The SFVJ Language Institute's 2017-2018 school year will commence on

Saturday, August 12. Classes run every Saturday from 8:30am to 12:30pm during the school year. We also offer Adult Conversation Classes for those adults interested in learning the language. These classes held in 12 week sessions on Saturdays from 10:30am to 12:30pm starting on Saturday, August 12. If you know anyone that is interested or have children that are interested in learning Japanese and being immersed in the culture please inform them of our wonderful school.



VETERAN'S MEMORIAL DAY SERVICE

By Tadao Okui

This past Memorial Day Weekend the SFVJACC held their Memorial Day Service to honor the deceased veterans of our Community Center on Sunday, May 28, 2017, in the patio area near the Memorial Garden. Thank you to Jennifer Hamamoto who was our MC for this event and did a great job moving this program along. Thank you also to Henry Nakamura for leading everyone in the Pledge of Alliance at the opening of the program, to Rev. Paul Iwata who did the invocation and benediction and to Nancy Oda who gave the welcome message.

Over 130 people were present as the honor roll was called and relatives of the deceased veterans placed a flower in the Memorial Garden. Also placing flowers in the Memorial Garden were representatives from the different wars the United States was involved in.

After the service, a dinner catered by Rutts was served in the Pioneer Building. Our new Nisei Week Queen candidate, Jordyn Adachi, representing the SFVJACC was introduced. Jaclyn Tomita, last year's Queen and current Nisei Week Queen presented Jordyn with her crown and past Queen Lauren Arie presented her with flowers.

Thank you to all the people who planned and helped make this event a success.



(L-R): Kay Yamada, Lauren Arie, Denise Tanaka, Teri Tanaka and Linda Yamada manned the registration table.



(L-R): Jaclyn Tomita, SF Queen Jordyn Adachi and Lauren Arie.



Henry Nakamura



Rev. Paul Iwata



MC Jennifer Hamamoto



CC Board Member Nancy Oda



THANK YOU TO THE FOLLOWING FOR THEIR DONATION TO THE VETERAN'S MEMORIAL FUND

Kelvin & Donna Arie
Yoichi Baba
Chatsworth West United
Methodist Church
Carolyn & Low Dong
John & Elizabeth Doomey
Cathy Fujimoto
Susie Fujimoto
Charles & Kathy Funakura
Yasuko Hagihara
Sally Hamamoto
Scott Hamamoto
Toji & Hitomi Hashimoto
Sumiko Hayamizu
Roy Imazu

Terry Ishigo
Richard & Cherry Ito
Dorothy Kajiki
Itsue Kanemura
Jennie Koga
Jennie Kondo
Yoshiko Monji
Jeanne Mori
Chizuko Morita
Evelyn Motoyama
Tomi Muraoka
Clarae Muraoka
David & Laurel Muraoka
Victor & Lois Muraoka
Harold & Shigecko Muraoka

Harry Nakada
Henry Nakamura
Richard & NJ Nakamura
Kay & Nancy Oda
Eddie Ohara
Masao & Tsukimi Okamoto
John & May Rivera
Harley & Cora Sagara
Hiroshi & Florence Sato
Robert & Setsuko Sato
SFV JACL
SFV Japanese Language
Institute
SFV Meiji Senior Citizens
Alice Shojinaga

Michael & Fumi Stark
Haruyo Suenaka
Yoneko Takimoto
Denise Tanaka
Frank & Marge Tanaka
Leonard & Geneva Tanaka
Haruko Tsuji
Valley Japanese Community
Center
Darrell Vivian
Mr. & Mrs. Tim Whitesell
Johnny & Katsuko Yamada
Ruby Yamaoka
Hatsumi Yamaoka
Margaret Yoshida

Meiji Club News

By Liz Doomey, President.



The Meiji Senior Citizens Club sponsored a bake sale and bingo fundraiser for Jordyn Adachi, Queen candidate for Nisei Week on Friday, July 14th during hot meal. We were able to collect \$750 in donations due to the support of the people who attended this event. Our appreciation to those who worked so hard to prepare and donate food items, helped sell the items and for working the bingo ticket sales and game. We are very proud of the members who always are very supportive in our events. Thank you.



Meiji Club members with Queen Jordyn (2nd from the right) and 2016 Queen Jaclyn Tomita (3rd from right).

On August 14th thru the 16th, the Meiji Club is having our bus trip to Las Vegas. Glad that so many people are looking forward to going in the middle of Summer. Good luck to you all and may you win lots of money and enjoy yourselves.

The Diabetes workshop will begin on September 13th at 9:00 AM to 11:30 AM and will continue for 6 consecutive weeks. If you have not responded please contact Kanako Fukuyama at

(213) 873-5709 or email at kfukuyama@keiro.org

We are still looking for seniors who would like to donate their time in becoming members of our board. You are invited to attend our meetings on the first Friday of each month in the conference room at 12:30 PM to see what we do and perhaps take an active interest in helping us create more programs for our seniors in the future.

List of Bake Sale Donors and Helpers:

Jordyn Adachi	Michiko Kus	Debbie Nicklaus	Ritsuko Shinbashi	Teddy & Midori Yamane
Donna Tanaka Arie	Joy Longworth	Lois Okui	Ray & Jean Shinsato	Ruby Yamaoka
John and Liz Doomey	Teri McClure	Julie Otake	Stephanie Stewart	
Cathy Fujimoto	Evelyn Mitarai	Curly & Marge Sato	Jaclyn Tomita	
Toji & Hitomi Hashimoto	Yo Monji	Marion Shigekuni	Kay Yamada	
Marilyn Kishi	NJ Nakamura	Lorraine Shimizu	Janet Yamamoto	

2017 TIGERS TOURNAMENT



WOLFPACK

3RD PLACE
4TH GRADE BOYS

(L-R): Zen Shimabukuro, Jasen Serapio, Garrett Kido, Joren Sakamoto, Nathan Galang, Brenden Jusi, Travis Dao and Matthew Jose.

Head Coach Don Shimabukuro
Assistant Coach Bruce Sakamoto

CONGRATULATION!!

SF Athletics Basketball Teams



Jaguars 8th Grade Girls

(L-R): Tiauna Vasquez, Elyn Ogasawara, Alyssa Real, Kimiko Katzaroff, Jessica Deng, Amiee Dechathong, Taylor Yoshino, Bethany Co, Madison Tea

Sharks 8th Grade Boys

(L-R): Coach Jason Tanaka, Akira Ishii, Austin Lee, Jaren Tanaka, Nicholas Nguyen, Allen Lew



Hawks 9th Grade Boys

(L-R): Coach Kay Oda, Tyler LaMarsna, Devon Oda, Hale Chiba, Clyde Seo, Kyle Okui, Sage Kita, Nicholas Maekawa, Coach Gregg Kita



SF Athletics Basketball Teams

Y2K 11th Grade Girls

Back row (L-R): Mackenzy Iwahashi, Haylyn Nguyen, Taylor Yoshino, Kimiko Katzaroff, Alana Yamauchi, Meg Pham

Front row (L-R): Justyne Nakano, Janelle Doi, Kylie Okazaki, Caitlin Fukumoto,

Not pictured: Jessica Deng, Coach Danny Okazaki



Gangreen 11th Grade Boys

Back row (L-R): Coach Gary Yoshino, Yuga Miyamoto, Blake Motoyasu, Shaun Tanaka, Tyan Higashi, Davis Yoshino

Not pictured: Coach Dave Yamasaki, Zachary Kariya, Bryson Wong, Jonathan Yamasaki, Tre Lau, Justin Mayeda



Kumiho 12th Grade Girls

Back row (L-R): Coach John Kurokawa, Lena Sasagawa, Emma Martin, Sydney Tsutsui, Coach Darrell Tsutsui

Front row (L-R): Sarah Guadagno, Jamie Wyman, Stephanie DeSoto, Jill Wyman, Taryn Manaka



2017 Obon Festival – Oops! We Did It Again!

It happens every year. The swallows return to Capistrano. Salmon swim upstream to where they were hatched. Whales migrate in the winter from warm waters in the South to the Northern latitudes to spend the summers where the ocean waters are cool. You could perhaps set your watch if not surely your calendar to these events, just as you could to the occasion of SFVHBT's annual Obon Festival! What is just as predictable is the tremendous amount of assistance the Temple receives from the SFVJACC, its Cabinet and Coordinating Council, its groups, and organizations, not to mention Lois Okui, and the greater Community Center community. The Temple is forever grateful for all the support it receives every year from these groups and individuals as it plans, organizes, and conducts its festival. Our festival has long held the reputation for being one of the largest and most well-attended festivals in Southern California and this would not be the case were it not for all of the help we receive from the SFVJACC.

Thank you to all the groups and individuals who bore the record-breaking heat of our Obon Festival weekend and who made an invaluable contribution to the overall success of our event. Special appreciation goes to: SFVJACC Athletics, SFV Bonsai Club, SFVJACC Japanese Calligraphy, SFVJACC Japanese Doll Making, Sunrise Japanese Foursquare Church, SFVJACL, SFV Japanese Language Institute, SFV Judo Club, SFVJACC Sr. Arts and Crafts, Valley Japanese Community Center/Sun Valley Buddhist Temple, Pi Theta Kappa Sorority of CSUN, Taiko of WLA Buddhist Temple, and Zeta Epsilon Tau Fraternity of CSULB. This year we were most happy to welcome eleven new groups to join and participate in our festivities. These groups and individuals participated in a Variety Showcase held each afternoon of our festival beginning at 4:30 pm before the start of the ondo dancing. Large numbers of guests witnessed and were treated to a lovely and sometimes rousing program as representatives from various Community Center groups demonstrated their interests and what they're learning in their respective classes held at the SFVJACC. They were: Country Western, Japanese School, Judo, Karaoke, Hula Wahines, Line Dancing, Meiji Ondo, Ping Pong, Qi Gong, SFV Taiko, and Kapunas (Ukulele),

So we hope that whatever draws you back to our Obon Festival year after year whether it is the Food, the Beer, the Snow Cones, the Ondo Dancing, the Booth Games, the Cultural Exhibits, the Raffle, the Flea Market, the Bingo, or the Taiko performances, continues to beckon and bring you back time and again to enjoy the sights, sounds, friendships, and camaraderie every summer around the end of June; just like clockwork. Thank you and see you next year!



Dear SFVJACC & community members ~

Thank you for your contributions and support.

2017 OBON JAPANESE FLEA MARKET

San Fernando Valley Hongwanji Buddhist Temple

To donate your unwanted Japanese items to SFVHBT'S 2018 OBON FLEA MARKET, please contact carolyn.sanwo@gmail.com.

Old, damaged, used "OK"

REDUCE - REUSE - RECYCLE





JAPANESE CUISINE

By Old Wakaba, Bud Sagara



The scene opens with a menacing samurai striding down a dusty street of a typical Japanese country village. As mothers hurry to usher their children inside, other townsfolk are on edge peeking out from the shadows of doorways wondering who this stranger is. The samurai pauses in the middle of the road for a moment and then ducks into the entrance of an inn. The flustered, balding innkeeper almost stumbles as he moves to greet his customer with a deep bow. The samurai removes his sheathed *katana* from his *obi* in such a quick motion that the startled innkeeper cowers from fear that his head could have been dispatched with that same motion. The samurai demands in a low voice to the innkeeper, “sake,” and then places the *katana* on the floor beside him. When the innkeeper returns with the sake, the samurai then adds, “how about a California roll to go with that?” Wait, what happened here? There were no California rolls in Japan three hundred years ago!

California rolls, dragon rolls, spicy tuna rolls and other fancy rolls found in Japanese restaurants today are as Japanese as McDonald’s and Kentucky Fried Chicken—all American inventions. Real Japanese sushi does not come in super-sized portions drizzled in sauces, does not have the rice on the outside of the nori and certainly does not include avocado or cream cheese. Three hundred years ago during the Edo period, sushi was not even served in restaurants or inns, but at outdoor stalls where the customers would stand and eat their freshly prepared, bite-sized *nigiri-zushi* or *inari-zushi*. Other fast foods available from these stalls were tempura, soba (buckwheat noodles), and udon (wheat noodles). Tempura consisted mainly of seafood and vegetables like burdock and lotus root.



An honored traditional approach to Japanese cuisine is to present food items close to their natural state. Sashimi is a perfect example of an ideal way to serve food while conveying the Japanese values of simplicity and naturalness. The preparation is nothing more than slicing the fish and arranging it on the plate. So the ideal dish does not involve any cooking at all. This makes one wonder why sashimi is usually the most expensive items on a Japanese menu?

As an interesting aside, the *inari-zushi* is named after the Shinto kami, Inari, who is a popular spirit of everything important in Japan such as rice, fertility, and prosperity. The messengers of Inari are said to be foxes and legend further says that they are very fond of *aburage*. This is why *aburage* is a common offering made by people visiting an Inari shrine in Japan. Also, evil imps called *kappa* are featured in Japanese folklore as inhabitants of ponds, lakes and rivers of Japan. It is said that they pull people underwater and then suck out their blood and internal organs, leaving only a hollow shell. *Kappas* also love to eat cucumbers and will ignore humans if cucumbers are available instead. So remember to take your sunscreen and cucumbers when going swimming in Japan. The cucumber sushi, *kappa maki*, is named for these water imps.

Purity is emphasized in Japanese table manners. As an example, disposable *ohashi*, (chopsticks) are provided even in the most expensive restaurants in Japan. Your *ohashi* is allowed to touch only your own food. When serving yourself from a common platter of food, *ohashi* must be reversed so that the end that touches your mouth never touches other people’s food; and food must never be passed from one pair of *ohashi* to another. When resting, *ohashi* is to be left in a parallel pair on top of the bowl or plate and never left dangling in the food or directly on the table. Another example of purity is the removal of shoes prior to entering a Japanese home. Not only does this tradition keep the house cleaner, but it makes the visitor aware that he or she is entering into another person’s private space, for which a visitor should show reverence. The removal of shoes also allows the feet to be free from the confines of shoes so that pressure points on the bottom of the feet are stimulated as prescribed by the practice of reflexology, which has been around for thousands of years.



One of the most confusing concepts to westerners is the Japanese concept of “*enryo*” or restraint. When you’re invited over to someone’s house, you are expected to eat and drink, so you don’t want to exhibit too much *enryo*, but having none is also rude. One must show reluctance to have a second helping and never take the last item on a serving dish. Even though you want it, crave it; you can’t have it because it’s bad manners. Even the lady of the house has to deal with her own *enryo*. Although she has probably mounted a supreme effort to make a wonderful, elegant meal, she will say: “You probably won’t like this,” or “It’s not very good.” Crazy, isn’t it?

In Japanese cuisine, as in life, there are purposes for every small detail. The set meal, *teishoku*, in a Japanese restaurant is divided into small bowls and plates that are sometimes further divided into sections. This is to separate flavors so that the morsels do not touch or mix together with other food items. Each item is to be savored for itself. The aesthetics are critical. The food is careful-- it is full of the care that it took to prepare it in such a precise manner. In contrast, some Asian cuisines are based on ingredients and flavors that are superbly blended in a common pot that is shared by all at the dinner table. It is proper in those cultures that the chopstick ends that go into the mouth also goes into the common pot. Each culture has its own traditions and food etiquette.

The meals that we eat are not determined solely by what we have a yearning for or what’s on sale at the grocery store. They are also based somewhat upon one’s beliefs, heritage and culture. These are the things that make us who we are. In the Acts of the Apostles 10:9-16, Peter had a dream about a great sheet descending from heaven contains all kinds of animals, reptiles and birds. In the dream, the Lord told Peter to kill and eat them, but Peter initially refused because of his strict compliance to kosher dietary rules which prevented him from eating certain types of animals. The Lord then replied to Peter, “Do not call anything impure that God has made clean.” This lesson has a deeper meaning for all of us to learn beyond food. God uses a buffet of foods to show us that all food that he created is clean and is not to be rejected; likewise, all people can be made clean even though we all have been tainted by our sinful nature. God chose to bring cleansing and salvation to all nations through faith in his Son, Jesus Christ. The gospel knows no ethnic or cultural boundaries and his mercy and grace are for all.

COMPARISONS OF VARIOUS TYPES OF LONG-TERM CARE SERVICES

By Thomas T. Yoshikawa, MD

In this article, Dr. Yoshikawa will give information on long-term care options and under what circumstances you might consider using these services as you or your loved ones become older and feel the need for some type or level of assistance. There are many different types of long-term care services available.

Living at Home: Needing Some Help

1. Home care: Assistance with cooking, shopping, cleaning, laundry, etc.
 - Family, friends, church members, volunteer groups, etc. can provide help
 - Medicare doesn't pay for these services
2. Home health care: Home healthcare agencies that provide help with nursing care and other care such as physical therapy, occupational therapy and bathing. Largely private pay.
 - Medicare only pays for short-term home health care under certain conditions.
3. Adult Day Care: Agencies that provide different services at a specified location, generally operating five days a week from 9:00 am to 5:00 pm (some operate on weekends). Provides relief of family or caregiver during day hours. There are general **three types of adult day care**:
 - Focus primarily on **social interaction**; provides daily structured activities
 - Provides **limited health care** including dispensing medications, health monitoring, exercise, etc. (also called Adult Day Health Care). Medicaid (not Medicare) may pay for some services if one qualifies for Medicaid.
 - Provide **Alzheimer's care** (Medicaid but not Medicare may pay for some services if one qualifies for Medicaid)
4. Visiting Nurses: Available as a private organization or can be provided by select public hospitals. Generally, there are three types of services:
 - **Private care**: non-medical care (home helpers; live-in services, companionship) which may be available 24/7
 - **Home health care**: provides medical/nursing care at your home. Medicare covers many of the services
 - **Hospice care**: comfort care for the terminally ill patient. Medicare covers 100% if criteria are met

Non-institutional Care Away from Home: Needing Some Help but NOT skilled nursing care.

Board and Care (B&C), Residential Care Facilities (RCF), and Assisted Living Facilities (ALF) are terms often used for the same or similar types of services provided (other states may also have additional names for these same type of services provided). These facilities are group living arrangements that provide help with a person's **activities of daily living** (e.g., eating, bathing, toileting). **Generally, these facilities are for individuals who are unable to live by themselves but do not need 24-hour nursing care. They are not considered medical facilities and thus are not required to have nurses, nursing assistants, or doctors on staff.**

In California, B&C are licensed for care of a minimum of six residents. **Some differences between B&C and ALF are the following:**

- **B&C**: a more homelike and intimate environment; fewer residents; usually less expensive; relaxed and unstructured environment.
- **ALF**: has more amenities, activities and recreational opportunities; many provide own apartments; more residents allowing more social interactions. Not all ALFs provide the same services; generally the greater the service provided, the higher the cost.
- **Neither Medicare or Medicaid pays for B&C or ALF.** However, in California there is a special ALF Waiver Program in which Medi-Cal (California Medicaid) pays for eligible residents who are assessed to be needing nursing home-level of care but can be cared for in an ALF.

Institutional Long-term Care Services Providing Skilled Nursing Care: Health (physical, mental or emotional) conditions requiring full-time monitoring and healthcare services

For persons who have either physical, mental, and/or emotional conditions that require full-time daily care and observation by nursing staff and under the care of a licensed physician will need to be in a skilled nursing facility (SNF). If a person needs only a brief time (e.g., less than 3-6 months) and physical therapy for regaining physical function and strength, a long-term facility specializing in physical rehabilitation can be selected. Generally, those older adults (and even younger adults) who are permanently disabled physically (e.g., injuries or stroke) or mentally (e.g., dementia, psychosis) will live permanently in a SNF if the family or caregivers are unable to care for them at home. Generally, for chronic care residents who are clinically stable, physicians will make visits once a month.

Continuing Care Retirement Communities (CCRC)

CCRCs are retirement communities offering a range of levels of housing, services and care in the same community (often on the same site). In the same community or site, one or more of the following levels of care are provided:

- Individual housing (apartments or homes) for those who can live independently.
- Assisted living facility (ALF) for those who need some level of assistance but not skilled nursing care
- Skilled nursing facility (SNF) for those who need skilled nursing and higher levels of care. Residents move from one level to another (higher) level depending on their needs within the same CCRC. There is generally a large initial payment before moving in followed by monthly fees.

Relative Annual Costs for Different Long-term Care Services (Estimates)

B&C = \$15,000 - \$36,000

SNF = \$75,000 - \$90,000

ALF = \$29,000 - \$65,000

CCRC = Initial \$20,000 - \$400,000 plus annual \$6,000 - \$48,000

Dr. Yoshikawa is a physician specializing in geriatric medicine and long-term care and is a professor of medicine at the UCLA David Geffen School of Medicine and previously was the editor-in-chief of the Journal of the American Geriatrics Society. *The opinions expressed in this column are those of Dr. Yoshikawa and not necessarily of UCLA or the SFVJACC Newsletter.*



SFVJACC BOARD OF DIRECTORS ELECTION

August 2017

The election committee is now taking nominations for the SFVJACC Board of Directors for the two year term of office for 2018 and 2019. Four positions need to be filled and are being vacated by Bing Lau, Akiko Manaka, Jeremy Tsuneishi and Kiyo Watanabe. Continuing members of the BOD are Liz Doomey, Nancy Oda and Danny Okazaki.

Nominees:

- Must be a member of good standing with the SFVJACC for the last 3 years.*
- Must be willing to serve at least one 2 year term.*
- Must be willing to attend 1 meeting a month (3rd Wednesday).

*Note: A board member can serve consecutive terms without any limit to the number of terms served.

Deadlines/Dates:

- September 9, 2017 Last day to receive nominations.
- October 2, 2017 Election ballots mailed out to CC members.
- October 20, 2017 Last day to receive completed election ballot.*
- December 2, 2017 New Board confirmed by the membership at the annual members' meeting.*

*Note: In accordance with the By Laws of the SFVJACC.

Please submit your nominations to arrive at the SFVJACC no later than September 10, 2017.

Thank you,
Lois Okui
Election Chairperson

SFVJACC Board of Directors Election for 2018–2019
NOMINATION FORM

I nominate the following person(s) to serve on the SFVJACC Board of Directors.

- 1. _____ 3. _____
- 2. _____ 4. _____

Note: Nominees must be a member of good standing at the SFVJACC for the last 3 years and must be willing to accept being a candidate for the Board of Directors.

Nominated by: _____

Name/Address _____

Signature/Date/Phone _____

Nominations must be received by September 9, 2017 at the SFVJACC. Mail or deliver this completed form to the SFVJACC, 12953 Branford St. Pacoima, CA 91331.



SFVJACC Steak Dinner Nite

September 16, 2017

5:00 PM

Dr. Sanbo Sakaguchi Hall

\$15/Adult \$7/Child

Ribeye Steak, Rice, Salad, Corn on the Cobb and Bread

*Bring your own plates and utensils or
paper plates and plastic utensils will be provided.*

For more information, call (818) 899-1989.

----- Cut on dotted line -----

Steak Dinner Reservation Form

Deadline is Friday, September 1, 2017

Name _____

Phone _____ Email _____

Number of steak dinners @ \$15 per person _____ X \$15 = _____

Number of steak dinners @ \$7 per person _____ X \$7 = _____

Total amount _____

Mail this form and your check made payable to SFVJACC to: SFVJACC - Steak Dinner
12953 Branford Street
Pacoima, CA 91331



Saturday, August 19
10 AM - 4 PM

*HIC FAN APPRECIATION
EVENT IN ASSOCIATION
WITH TURTLE BEACH
COMPANY*

SFVJACC
12953 BRANFORD ST.
PACOIMA, CA 91331

- TEES
- HATS
- FLIP FLOPS
- STICKERS
- BOARDSHORTS



**A Portion of the
Proceeds Will Go to
SFVJACC**

Save The Date! **Children's Cultural Day**

Saturday, September 9th, 1:00-4:00 pm

Welcome Children 2nd Grade to 5th Grade!

Please join us at the San Fernando Valley Japanese American Community Center for an afternoon of fun and games.

Pre-Registration begins Monday, August 14 th :	\$20. per family
Registration after September 1 st :	\$25. per family

Please write check to **SFV JACL** and send to: Linda Tanaka, 2287 Graceland St., Simi Valley, CA 93065 or contact Linda at (805) 527-1224 or lkitai@hotmail.com



**ORIGAMI • COOKING
SINGING • DANCING
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FREE LIVING TRUST SEMINAR

FREE HOSPITAL LOG BOOK
for Seminar Attendees!
(\$49.95 value)
*Limited to first 50 to sign up.
Limited 1 per family.



Saturday, August 26th, 2017
10:00 AM - 11:30 AM
San Fernando Valley JACC
12953 Branford St. Arleta, CA 91331



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ELDER LAW SERVICES OF CALIFORNIA
A Professional Law Corporation



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JUDD MATSUNAGA
Attorney at Law

- Are my Living Trust & Powers of Attorney Updated?
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- Eliminate or minimize state and federal estate taxes
- Keep your affairs private and out of the courts
- How to pay for quality Long-Term Care
- Get Medi-Cal to pay for caregivers - *including your children*
- How to protect your home from Medi-Cal recovery
- Have *Peace of Mind for the future*



STACI YAMASHITA-HIDA
Attorney at Law

Protect your home & assets while qualifying for Medi-Cal

Seating is LIMITED Call (800) 403-6078 for Reservations



3rd Annual

Farm Walk

for Childhood Cancer

September 30th, 2017

9am-noon

Tanaka Farms

5380 3/4 University Dr, Irvine, CA 92612



Proceeds from this event will benefit local cancer organizations – My Wish List Foundation, Live4MTM and Camp Ronald McDonald for Good Times - and support research at – UCLA 's Head and Neck Program and Johns Hopkins - to help treat and someday rid the world of all childhood cancers...



www.farmwalkforchildhoodcancer.org

A collaborative effort of:



CAREGIVER TRAINING

SPONSORED BY LITTLE TOKYO SERVICE CENTER



Little Tokyo Service Center (LTSC) is recruiting interested persons to be on their Caregiver Registry. **There is a constant and growing demand for in-home care. LTSC would like to try and have more caregivers trained and registered to refer to individuals and families in need.** In order to be considered for the Registry attendance at LTSC's caregiver training is mandatory. This training is also open to anyone wanting to learn about basic caregiving skills **with priority given to registry applicants.**

Pre-registration is required and will be **limited to the first 30 registrants.**

The training will be conducted in English with Japanese interpretation.

Please contact Jun Hori or Kiyoko Kaneda at LTSC, (213) 473-3035, to RSVP by October 6, 2017 and for further information. Persons not pre-registered will not be allowed to participate in the training.

Date: October 14, 2017 (Saturday)

Time: 9:00 am - 1:00 pm

Registration will be from 8:30 - 9:00 am.

**Place: SFV Japanese American Community Center
12953 Branford Street, Pacoima, CA 91331**

LIFELONG LEARNING COURSE

WWW.KEIRO.ORG

LIVING WITH DIABETES

Diabetes Self-Management Program



Do you live with diabetes or take care of someone with this condition?

Keiro's Living with Diabetes is a six-week program which will provide you with tools that you can take home to manage your diabetes.

No Fee. REGISTRATION Required. Space is limited.

WHEN: Six Wednesdays, 9/13/17 - 10/18/17
9:00 a.m. to 11:30 a.m.

FREE COURSE

WHERE: San Fernando Valley Japanese American Community Center
12953 Branford Street, Pacoima, CA 91331

RSVP: For more information or to RSVP, please contact Kanako Fukuyama at (213) 873-5709 or email registration@keiro.org

All programs are FREE unless otherwise noted and are made possible by Keiro along with support from our Community Partners, donors, and volunteers.

HOSTED BY:

San Fernando Valley
Japanese American Community Center



Keiro® is expanding our reach to broadly engage and support Japanese American and Japanese older adults throughout Los Angeles, Orange, and Ventura counties. Keiro provides services to older adults and caregivers, along with programs for residents of Keiro's former facilities.

WELCOME NEW MEMBERS

Loretta Dubin
Damian Hattori
Ronald Lynn
Lindy Matsuda
Raymond Pierce
Koyu & Keiko Shiroma



ALZHEIMER'S SUPPORT GROUP

If you have a loved one affected by Alzheimer's disease, come join us — A non-judgmental, confidential place to share ideas, frustrations, concerns and joy.

Meetings:

**First Saturday of the Month
10 am - 12 pm**

For the schedule or info, call the Center (818) 899-1989.

COORDINATING COUNCIL ORGANIZATIONS—MEETINGS—CONTACT PERSONS

Coordinating Council..... 1st Wed., 7:00 PM.....Nancy Oda.818 786-0914
 Community Center..... 3rd Wed., 7:00 PM.....Call CC Office818 899-1989
 Athletics..... 3rd Tues., 7:30 PM.....Margaret Takimoto818 701-7628
 CC News..... Lois Okui.....818 892-1487.....Email: loisokui@aol.com
 Chatsworth West United Methodist Church
 2nd Sun., 1:00 PM.....Doreen Kawamoto.....818 764-8850
 Crossway Church..... 2nd Sun., 12:30 PM.....Jennifer Trax818 896-1676
 Nikkei Senior Gardens..... 2nd Thurs. (even months), 7 PM..Tadao Okui..818 515-8247
 SFV Bonsai Club..... 4th Sun., 8 AM-12 PM....Kazuhiko Nakanishi ...805 492-3439
 SFV Hongwanji Buddhist Temple..... 2nd Mon., 7:30 PM.....Terry Ishigo.....818 899-4030
 SFV JACL 2nd Wed., 7:00 PM.....Doreen Kawamoto ...818 764-8850
 SFV Japanese Language Institute 2nd Sat., 8:30 AM.....Kiyoo Watanabe818 896-8612
 SFV Judo Club 4th Wed., 7:03 PM.....Kenji Couey818 381-7232
 SFV Meiji Senior Citizens Club..... 1st Fri., 12:30 PM.....Liz Doomey.....818 892-7381
 Senior Hot Meals Tues. & Fri. (no meal on 5th Tues. & 5th Fri.) ..818 899-1989
 Sunrise Foursquare Church.....Reverend Paul Iwata.....818 782-8738
 Valley Japanese Community Center .. 2nd Fri., 7:30 PM.....Christine Inouye.....818 825-9583

**Want to reserve the
Community Center
for an event?**

Call Tadao Okui at
818-892-1487 or email:
tadokui@aol.com

**Want to submit an
article for the CC
Newsletter?**

Email:
loisokui@aol.com

CC Deadline:
2nd Wednesday of
every odd month.

SPECIAL CLASSES

Arts & Crafts.....	Monday	10:00 AM-12:00 PM	Sally Hamamoto	818 361-2902
Ballroom Dance.....	Tuesday	7:00-9:00 PM	Barbara Okita	818 784-5128
Bowling*, Matador Bowl	Thursday	9:30 AM	George Seko	818 998-0682
Bridge*.....	Monday	12:00-3:00 PM	Sam Toji	661 255-2824
Country Western Music*.....	1st /3rd Tuesday	10:30-11:30 AM	Janet Schuetze	818 767-1819
Exercise Class.....	Tuesday	9:00-10:00 AM	Ralph Ahn	818 302-6658
Exercise Class.....	Friday	10:00-11:00 AM	Phil Shigekuni	818 893-1581
Hanafuda*.....	Friday	1:00-3:00 PM	Yone Takimoto	818 765-6735
Harmonica Class*.....	Friday	11:00-11:30 AM	Call CC office	818 899-1989
Hawaiian Hula (Hula Wahines).....	Friday	12:30-1:30 PM	Suzan Akamine	818 367-1723
Hitomi's Cooking Class	4th Tuesday	7:00-9:00 PM	NJ Nakamura	818 893-6503
Ikenobo Ikebana	2nd/4th Wednesday	10:00-2:00 PM	Ritsuko Shinbashi	818 892-0470
Japanese Calligraphy.....	1st/3rd Thursday	9:30-11:00 AM	Yuriko Muso	818 726-8935
Japanese Classical Dance.....	Friday	3:00-5:30 PM	Dianne Fukuwa	310 217-0443
Karaoke*.....	1st/3rd Thursday	10:00 AM-12:00 PM	Janet Yamamoto	818 365-8361
Kokusei Shigin Class.....	Tuesday (J-School)	10:00-11:30 AM	Shigeru Kamimura	818 992-4673
Line Dancing*.....	Thursday	8:45-10:00 AM	Mark Nakamura	818 363-3038
Mandolin.....	Friday	9:30-11:00 AM	Call CC Office	818 899-1989
Nikkei Bowling League	Friday (Canoga Bowl)	9:00-11:00 PM	Stan Date	818 701-6607
Tuesday Mah-Jong*	Tuesday	1:00-3:00 PM	Asako Giegoldt	805 433-3763
Friday Mah-Jong*	Friday	1:00-3:00 PM	Yone Takimoto	818 765-6735
Ondo Dancing*	2nd/4th Friday	7:00-9:00 PM	Masako Rodriquez	818 899-8777
Ping Pong Club.....	Thursday/Tuesday	10:00 AM-3:00 PM	Aaron Sanwo	661 755-0584
Qi Gong	Thursday (J-School)	7:00-8:30 PM	Mamie Kosaka	661.645.4515
SFV Judo Club.....	Mon/Wed/Thurs/Fri	7:00-9:00 PM	Kenji Couey	818 381-7232
Tai Chi Class*.....	Monday	9:00-10:00 AM	Florence Takaaze	310 202-6693
Taiko	Sunday	10 AM-2 PM	Reid Taguchi	818 571-1797
Ukulele Class	Friday	9:30-11:30 AM	Call CC Office	818 899-1989
Yoga Class.....	Wednesday	10:00-11:00 AM	Call CC Office	818 899-1989
Zumba.....	Monday	7:30-8:30 PM	Margaret Takimoto	818 701-7628

SUPPORT GROUPS & SERVICES

Alzheimer's Support Group.....	1st Saturday	10:00 AM-12:00 PM	Facilitator: Isabelle Miyata
Blood Pressure Screening*.....	3rd Friday	9:30-11:00 AM	Nikkei Pioneer Conference Room
Podiatrist*.....	2nd Saturday	11:30—2:00 PM	Nikkei Pioneer Conference Room

*Meiji Senior Citizens' Activity or Service

For more information, call the CC at (818) 899-1989.



**SAN FERNANDO VALLEY
HONGWANJI BUDDHIST TEMPLE**

9450 Remick Avenue, Pacoima
818 899-4030 sfvibt@sfvibt.org
www.sfvibt.org

Resident Minister: Rev. Patricia Usuki
Temple President: Terry Ishigo

Sunday, 11:00 am Dharma School

BUDDHIST TEMPLE CALENDAR

August

- 5 9:30 am Dharma Discussion
- 6 10:00 am Summer service
- 13 10:00 am Summer service
- 17 10:30 am Service at Nikkei Senior Gardens
- 19 9:30 am Dharma Discussion
- 20 10:00 am Summer service
- 27 10:00 am Summer service

September

- 3 No service
- 10 10:00 am Shotsuki monthly memorial service
Dharma School starts
- 16 1:00-4:00 pm Fall Higan seminar
- 17 10:00 am Fall Higan service
- 21 10:30 am Service at Nikkei Senior Gardens
- 23 9:30 am Dharma Discussion
- 24 10:00 am Regular service
- 30 9:30 am - 12:30 pm Southern District seminar - everyone welcome



9610 Haddon Avenue
Pacoima, CA 91331
(2 blocks east of Laurel Canyon Blvd.
between Branford and Osborne St.)

Office Phone:

818 896-1676 (English)
(818) 899-4115 (Japanese)

Please refer to our website for more information: www.crosswaysfv.org

English Department

Pastor Roland Hazama
Pastor Raynold Nakamura

Sunday Schedule

9:00-9:45 AM
Sunday School for ages
junior high through adult

10 - 11:15 AM
Worship Service
(childcare for infants - Pre-K)

Kid Venture Children's Ministries
(K - 5th grade)

11:15 - 11:45 AM
Coffee Fellowship

Youth Fellowship

Friday, 7:30 PM
Meetings at the church
for Jr. High and Sr. High

Mid-Week Home Groups

We believe that fellowship, friendship, and spiritual growth happens best in our small groups that meet during the week. We have a number of groups meeting in the San Fernando and Santa Clarita Valleys. Come, visit, and get to know our church. For more information, please call us or check our website.

Japanese Department

Pastor In Hyun

Please refer to our website for more information:

www.sjfp.weebly.com

Sunday Schedule

10:00 AM
Worship Service

Lunch and Fellowship
after worship service on the
1st Sundays

Wednesdays, 10 am
Prayer @ Pastor's house



**Chatsworth West
United Methodist
Church**

(Formerly West Valley
UMC merged with Chatsworth UMC)

Open Hearts, Open Minds, Open Doors

10824 Topanga Canyon Blvd.
Chatsworth, CA 91311
818 341 1270

E-mail: chatsworthumc@juno.com
FAX: 818 341 1271

Pastor: Ruy Mizuki
Lay Leader: Jim Melichar

Worship Service 10AM
Sunday School 10AM
Social Hour following service
Nursery care provided

Bible Study Thurs @ 10 AM & 7 PM

**Shotokan Karate of America
Fri. @ 6:30 PM Rm.1**

Instructor: April Warynick
www.ska.org
1 213 437 0988

**Electrobattles Dance for children
Sat. @ 11 AM Rm.1**

Instructor: Sharon James

**Chi Fung Mind & Body Fitness
Tuesday @ 10 AM Fellowship Hall**

Instructor: Leo Fong

**Fellowship @ High Noon Lunch &
Activity - Wednesdays
For info call Lowell (818) 694-1046**



SUNRISE FOURSQUARE CHURCH

5852 Laurel Canyon Blvd.
Valley Village, CA 91607

English: Pastor Paul Iwata

Email: pmiwata1@hotmail.com
haruko.iwata@gmail.com

Website:

www.sunrisejapanesechurch.org

Japanese: Pastor Haruko Iwata

Phone: (818) 782-8738
(818) 642-2332

Sunday Morning Service - 10:30 a.m.
(Prayer for Healing on 5th Sundays)

Sunday Evening Service - 6 p.m.
Thursday Evening Bible Study - 7 p.m.

Late Night Counseling and Prayer
on the Last Friday of the Month
From 8 p.m. to 12 midnight

Location: The Prayer Chapel'
14705 Wyandotte St.
Van Nuys, CA 91405 (mailing address)

Torrance Home Meeting – 7 p.m.
On the 2nd Wednesday of the month

UPCOMING EVENTS AT THE CC

August 19, 2017
HIC Warehouse Sale

August 26, 2017
Judd Matsunaga's Elder Law Seminar

August 21—September , 2017
Gym Closed Due to Floor Maintenance

August 28, 2017
Pioneer Building Closed Due to Floor Maintenance

September 9, 2017
SFV JACL Children's Cultural Day

September 16, 2017
CC Steak Dinner

October 7, 2017
CC Annual Clean Up

October 14, 2017
LTSC Giver's Training Seminar

Rising Stars™

Youth Leadership Program
Building Tomorrow's Leaders Today

The development of youth leadership is a common need expressed by almost every community organization. To address this need, the Nikkei Federation Youth Development Programs team developed the **Rising Stars Youth Leadership Program**. Rising Stars is a leadership development and cultural education program for high school students.

The goal of the program is to train leaders and to inspire youth involvement in the Japanese American community by presenting a series of active and engaging workshops on a variety of leadership and cultural education topics.

Workshops Topics Include:

- Cultural Values
- Networking
- Assertiveness/Ethics
- Preparing for College
- Working in Teams
- Powerful and Persuasive Presentations
- Financial Fitness

Participants will have an opportunity to apply their skills by planning and executing a group project. Professional trainers with extensive leadership development experience facilitate the leadership workshops.

When and Where

Sessions will be held on selected Saturdays from October 2017 through March 2018, at the Japanese American Cultural and Community Center in Little Tokyo, Downtown Los Angeles.

How to Apply

Applications for the 2017-2018 Rising Stars Youth Leadership Program are available on their website:

www.nikkeifederation.org/risingstars

Applicants must be enrolled in high school during the 2017-2018 school year. Enrollment will be limited to a maximum of 25 students.





SAN FERNANDO VALLEY JAPANESE
AMERICAN COMMUNITY CENTER NEWS
12953 Branford Street, Pacoima 91331
818 899-1989 Fax 818 899-0659

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San Fernando Valley Japanese American Community Center

2018 MEMBERSHIP FORM

(Membership period: January 1 to December 31, 2018)

1. Complete the information below.
 2. Tear off the membership card for your records.
 3. Make check payable to "SFVJACC".
 4. **Send your check and this form to:** SFVJACC – Membership
- Family Membership - \$60.00
 Single Membership - \$40.00

(Please Print)

Name _____ Phone _____
(Last Name) (First Name)

Address _____

City _____ State _____ Zip Code _____

Email Address _____

Emergency Contact _____ Phone _____

* For information, please call SFVJACC at (818) 899-1989. Thank you for supporting our Community Center.
FAX is (818) 899-0659.