



SAN FERNANDO VALLEY JAPANESE AMERICAN COMMUNITY CENTER

Website: www.sfvjacc.com

Issue 52

July/August 2020



PRESIDENT'S MESSAGE

Dear CC members and friends,

The **Daruma** is a talisman of luck, but more importantly perseverance. We all wish for the Center to be open like before and will joyfully paint the eye when that wish comes true but for now, we must be patient until it is safe for our members to return.



Although the doors have been closed for five months, we are fully committed to the goal that we open safely. Your CC Board has been meeting on "google hang out" in committees. We know that the "stay at home" orders take a social and mental toll on everyone but if we make any mistakes it will be on the safe side.

The Board has been working hard on protocol such as masks, social distancing, hand sanitizers, temperature guns, log books, signage, and others things.

To reduce isolation, we sent out a survey by US mail to invite you to free bingo game with cash prizes, starting in late August or chats with other members through virtual meetings.

We need the help of family members who can assist your parents, grandparents, aunts, uncles, or shut in friends with their phones, iPads, or computers. In addition, please check on them just to talk.

We've missed seeing each other at the SF Athletics Pancake Breakfast, Family Day Picnic, Memorial Day, JLI Undokai and graduation, San Fernando Hongwanji Buddhist Temple Obon, but we are strong. Together, we will overcome the coronavirus pandemic.

Kay Oda

THREE GREAT ACCOMPLISHMENTS FOR THE SFVJACC'S GIRL SCOUT TROOP #1466

Congratulations are in order for Samantha Nakano, Jordan Lac, and Caroline Lew. These young ladies were awarded the coveted Girl Scouts Silver Award, the highest honor a Cadette can achieve.

In order to earn the award, the ladies had to achieve a series of leadership challenges as well as complete a community service project. Only about ten (10) percent of Girl Scouts nationwide receive the Silver Award.

The ladies wanted to take on a historical project to honor some of the members of the San Fernando Valley Japanese American Community Center (SFVJACC). They realized that many of the elderly were passing away and as a community, were losing a large of part of history. Before their history was forgotten, they wanted to capture it in an oral history project. They interviewed Roy Imazu, Frank Tanaka, and Anna Shishido. They were able to understand the hardships that these individuals and their families experienced growing up during World War II and thereafter. It was an educational as well as emotional experience for these young ladies.

The ladies were going to present their project at the SFVJACC's Family Fun Day. Unfortunately, due to this pandemic, they were unable to share their work with you. We look forward to the day when we will be able to present their project to you.

As their troop leader, I cannot express how proud I am of their accomplishments. It truly is an honor to watch these young ladies grow into the individuals they have become. They will truly be your leaders of tomorrow.

In the Fall, the ladies will be entering into the 10th grade: Samantha is attending Calabasas High School, Jordan is attending Taft High School, and Caroline is attending Louisville High School.

Please join me in congratulating these young ladies on this highest achievement.

Akiko Manaka
Troop #1466 Leader



Samantha Nakano



Jordan Lac



Caroline Lew

ACKNOWLEDGEMENTS

For the Months of May/June/July 2020

Donations

Tamlyn Tomita and Daniel Blinkoff.....
Schwab Charitable Contribution - The Umami Fund
Craig Kawamoto.....
Disney VoluntEARS Grant
Alice Kuroda and Family.....
In memory of mother and father, Teruko & Tomio
Furuyama
Give In May Campaign.....
Michael Anderson.....
New York Life Charitable Contribution
Shelly Morita.....
Victor Muraoka.....
In honor of Nancy Oda's birthday
Greg Kimura.....
United Way Charitable Contribution
Jean Paul DeGuzman.....

Use of Facilities (For the month of March)

Monday Nite Basketball.....
Friday Exercise Class.....
Senior Arts & Crafts.....
Tuesday Exercise Class.....

Miscellaneous

Eleanor Yonezawa.....6 Boxes of Korean dramas,
1 box and 1 bag of DVD cases

60th Anniversary T-Shirt

Limited supply

Honoring Our Founders

\$10 per T-Shirt

Call the CC office (818) 892-1487 or email
lois_okui@sfvjacc.com or contact
christine_inouye@sfvjacc.com

In Loving Memory...

Sad News...During this quarantined time we have lost many of our senior members. Our thoughts and condolences go out to their families.

Heidi Ozawa	Gene Matsuda
Doreen Kawamoto	Anna Nagai
Greg Librando	Masako Rodriquez
Katie Tanijiri	

KIDS KORNER

Let's make origami daruma or (washi) paper mache dolls on a round shape today.

<https://m.youtube.com/watch?v=ZSRUoWljKIM>



Daruma dolls are constant reminders of what the Japanese call the *ganbaruspirit*. *Life is full of pitfalls and bumps on the road. It's inevitable that you'll stumble sometimes.*

But it's up to you to get back up. It's in your own power and will to keep moving. The doll embodies this popular Japanese proverb: *Nanakorobi yaoki. "Fall down seven times, stand up eight."*

So it's always about the work. No matter how tired, despite the circumstances, or even lack of rewards or motivation, the *ganbaru spirit* *treads forward*.

More Origami Projects For Kids

Origami Dragon



<https://www.youtube.com/watch?v=Nx0EKUw1gKE>

Shark Cootie Catcher



<https://www.easypeasyandfun.com/easy-origami-for-kids/>

Origami Corner Bookmarks



Gift to Nikkei Senior Gardens:

Nothing gives you a better feeling of joy than hearing about a 98-year young lady smiling from ear to ear when she receives a gift package filled with goodies.

During this time of isolation from the coronavirus pandemic, the residents of Nikkei Senior Gardens have only moments of visiting with family through a window. With that in mind, CC Board member, Nancy Oda proposed that the SFVJACC could brighten their day with an okurimono (gift). To help booster the morale of the residents and staff, the Board voted to make gift bags filled with snacks, sweets and toiletries for the 85 residents and snacks, sweets and a \$20 Target gift card for the 70 staff members for their sacrifice and service.

Nikkei Senior Gardens has been a large part of our JA community and the residents are our family and friends.



Tom Doi and Haruyo Suenaka with their goodie bags.



To boost the morale of the NSG residents and staff members during this pandemic, CC Board members (L-R) Kay and Nancy Oda, Denise Tanaka, Liz Doomey and Tadao and Lois Okui packed and delivered goodie bags. John Doomey, Liz's husband (2nd from the left), also helped.



San Fernando Valley Japanese Language Institute

By Kiyo Watanabe, PTA President

SFV Japanese Language Institute Update



Japanese school is on our way to 100% online based class schedules, starting on August 15, 2020.

Classes will have three class periods with breaks in between. School will continue to be on Saturday mornings, from 8:30 am to 12:30 pm.

Registration is open for 4 years-olds through teens and Adult Conversation class students with 20% discounted tuitions.

The \$30 registration fee will be waived if you register and pay before or on July 31. You can pay online or mail in (must be postmarked before July 31).

A drive through pick up is scheduled for August 8, 2020 for those who purchased textbooks or need to borrow a desktop computer.

Call the SFVJLI Hotline (818-489-2465) or email sfvjli@hotmail.com for any questions about registration or textbook sales.



SFV MEIJI SENIOR CITIZENS CLUB NEWS

By Liz Doomey

Looks like we have taken a step back because of so many COVID-19 cases in the City and County of Los Angeles. We will not be able to get together any time soon. We have been fortunate since we have not heard of any of our members coming down with the coronavirus. We have lost a few of our members due to other medical conditions and send our condolences to their family and friends.

Members have been creative in finding things to do to keep busy during the "Stay Home" order from Governor Newsom. If people would adhere to the program of staying home (if possible), keeping social distance, wear a mask and washing their hands, we may get through this pandemic sooner. It's important also to avoid group gatherings. If you are in need of assistance, call Kay Oda and he will arrange for help with shopping or other situations (818) 786-0914 in confidence. The Community Center is a Family and we are here to help you.

From the members I have been in contact with, many have started gardens, new craft projects, decluttering of their homes, and home improvements. I myself have been trying new recipes and desserts which turns out not to be a good thing. We have gained weight and need to start an exercise program now. 😊

I hope you have received the questionnaire from the Center regarding the "virtual get-togethers" we planned to have in the near future. Please fill it out and mail it back to the CC. If you need assistance in accessing the "get-togethers", please indicate that on the questionnaire or if you have a friend or family member that can help you, add their name as well. If you have not received the questionnaire or want more information, please contact Lois Okui, at (818) 892-1487. These "virtual get-togethers" will allow you to see or hear from other members joining in on these programs. These moments are important to our mental health.



If you have the opportunity to sign onto Keiro.com, they have a lot of suggestions and information to help you find productive things to do or informative programs. Keiro currently has several forums you may be interested in such as bingo, cooking, and healthcare.

Take care and be safe.



News From The Gardens...

By Mayumi Barr, Director of Life Enrichment

"When will this outbreak end and will life get back to normal?" is the question on all of our minds. Although the COVID-19 restrictions are slowly easing all around the state, we are still far from the end. Our community will need to ensure careful preparation and planning moving forward. Nikkei Senior Gardens continues to maintain social distancing, temperature screening for residents, team members, essential visitors, mask-wearing

and set hours for the glass/screen door visitations. Our staff has worked tirelessly to provide takeout meals, solutions to many healthcare needs, and a safe environment through proper cleaning and disinfection for the residents. They have also been creative with providing engaging activities from a distance, such as hallway bingo, exercises, entertainment, and assistance with Zoom calls. Please know we are doing our best to keep our residents safe.



We will continue to assist with anything that will help make our residents' daily lives just a little brighter, including good services and planning FUN SUMMER activities for everyone! Please continue to visit our website for updates at www.NikkeiSeniorGardens.com



2020 *High School* Graduates



Hale Chiba

El Camino Real Charter Academy
UC Riverside



Jarrett Hiji

Rio Mesa High School
Cal Lutheran University (spring). Will play baseball at Cal Lutheran University or Oxnard College (in fall)



Lauren Ikemoto

Granada Hills Charter High School
Silver Seal Bearer
CSU Monterey Bay



Alyssa Miku Inoue

Santa Susana High School
UCLA



Aly Kaneshiro

William S. Hart High School
Stanford
(Will play softball)



Sage Kita

West Ranch High School
UC Santa Barbara



Tyler LaMarsna

Burbank High School
Pasadena City College



Nicholas Maekawa

Valencia High School
UC San Diego



Megan Miyamoto

El Camino Real Charter High School
Cal Poly, San Luis Obispo



Devon Oda

Taft High School
CSUN



Alana Yamauchi

Granada Hills Charter High School
UC Riverside BioChem

“What lies behind us and what lies before us are small matters compared to what lies within us.”

Ralph Waldo Emerson

2020 Athletics Scholarship Winners

Wayne Yamamoto Memorial Scholarship



Wayne Yamamoto was a student athlete and was a member of SF Athletics in the 1960's and who's memory we honor with the Wayne Yamamoto Memorial Scholarship.

This year's award was presented to Sage Kita. He is the son of Katie and Greg Kita. Sage played SF basketball for 12 years with the SF Hawks and 4 years of basketball at West Ranch High School. Even while playing travel basketball, he maintained grades to be an AP scholar and found time to volunteer with the nonprofit organization, Loving Hearts, working at homeless shelters, and Gilcrest Farms, working with children. Being involved with the National Honors Society organization elevated his commitment to values of scholarship, service, leadership, and character through activities and community service. Sage will be attending UCSB majoring in financial statistics and math.

Hoshiko Hirano Memorial Scholarship



Hoshiko Hirano was the first Girls' Athletics Commissioner and was instrumental in starting the girls' athletics program in the 1960's. In those days, the girls only played softball. The late Mrs. Hirano, along with her husband Yoshio Hirano, who was the boys' commissioner, were actively involved in promoting our program. The Hoshiko Hirano Memorial Scholarship was established to honor her memory and contribution to girls' Athletics program.

We are please to award this year's Hoshiko Hirano Scholarship to Alana Yamauchi. She is the daughter of Darlene and Victor Yamauchi. Alana played SF Athletics basketball for 9 years with the Wildcats and Y2 K teams. She graduated from Granada Hills Charter and played high school basketball. Alana's community involvement includes volunteering at the Pee Wee Clinics, Pee Wee League referee and score keeper, NYABC special needs basketball clinics, Kizuna counselor, Rising Stars Youth Leadership Program participant and alumni. Alana coaches the 2nd grade Tigers and the players and parents love her! Giving back to the community is high priority for Alana. Alana has been accepted at UC Riverside majoring in biochemistry.

Lauren Taguchi Memorial Youth Service Scholarship

Athletics established the Lauren Taguchi Memorial Youth Service Scholarship in 2009 year to honor her memory. As an active member of the SFVJACC Athletics, as well as many other community organizations, Lauren was an exemplary student athlete, a role model, friend and teammate who demonstrated sportsmanship on and off the court. We are pleased to announce Kate Higashi and Megan Miyamoto were selected as co-recipients of the Lauren Taguchi Memorial Youth Service. The scholarship committee's selection was based on their spirit of volunteerism and citizenship, through community service.




Kate Higashi is daughter of Kristin and Roy Higashi. Kate played with the Wildcats team from 2007-2016. As a SF Athletics player Kate, participated in Obon, Pancake Breakfast. Kate was active at school, graduated Class Valedictorian at Cleveland Charter High School where she played 4 years varsity basketball, was Senior Class Council treasurer, and member of the Knights and Ladies service organization. Breaking Boundaries is a club at the high school that collaborates with the Miller Center and Transition Center. It is a public special education school in Reseda that provides on campus and on the job training to young adults with special needs, helping them navigate the transition to employment. As President of the Club, Kate communicated and planned events with the Miller staff and facilitate conversations with the club members and the students at Miller. Kate was selected to attend the Women in Today Society Club.

This club discussed feminist issues prevalent in modern day society. Alliances were formed with other clubs based on activism so to contribute to the greater school culture. Kate's goal was to increase female sports representation in the school newspaper and continue to fight for more recognition and appreciation for female news articles. Kate's community involvement includes Kizuna Summer program Jr. Counselor 2017, 2018, Yonsei Basketball participant, and an active member of the SFVBHT Sanga teens and Jr. YBA.

2020 Athletics Scholarship Winners



Megan Miyamoto is the daughter of Linda and Eric Miyamoto. Megan graduated from El Camino Real Charter High School as an AP Scholar with Distinction. She joined marching band as a freshman never having played an instrument. As a senior, she was selected as section leader and assistant drum major and president of marching band. She was founder and co-President of Munch Bunch, a food culture club dedicated to exploring different tradition and cuisines through various event and field trips. Her community involvement included playing with the SF Wildcats team from 2008-2016, being active with the SFVBHT Sanga teens and Jr. YBA, Soouthern District YBA cabinet member, SF Karate. Megan developed a passion of learning about her JA cultural heritage by attending SFV Japanese Language Institute (8 years), participating in Suzumeno Gakkko and then attending Kizuna summer camp, first as a camper, then becoming a Kizuna camp counselor. Kizuna Leadership program helped to cement her love of Little Tokyo. From Megan's Instagram account, "One of my favorite places is Little Tokyo. I have had so many amazing memories there whether that be dancing in the streets during Nisei week, doing blind taste tests with my food culture club, or exploring the area with my summer camp kids. However, right now the pandemic is imparting devastating blows to the foundational small businesses of Little Tokyo. It's so saddening to think that one day my kids might not experience the wonderful joys and culture here."

The Covid-19 pandemic and being quarantined allowed Megan to think of ways she could help the struggling Little Tokyo small businesses and came up with this idea. "Inspired by my cousin, Jason Fuji @jkazu, I will be launching the #StickinwithLittleTokyo fundraising campaign. I am selling these two stickers on my sticker account @hapi_me_stickers and 100% of the profits will be donated to the  LITTLE TOKYO SMALL BUSINESS RELIEF FUND. A sticker is \$5 or you can get a package of both designs for \$8. I understand if you aren't able to purchase, however, I would really appreciate support by sharing the post with your friends and family. This cause really means a lot to me. If you have any suggestions on how to advertise or better raise funds please reach out to me. Thank you so much for your consideration and support. Hopefully, we can make an impact. 😊" Within in 24 hours Megan was able to donate \$500 to the relief fund! Impressive!

Megan and Kate will attending be Cal Poly San Luis Obispo. Kate will be majoring in Public Health and Megan will be majoring in Business Administration.

Evan Yoshio Niizawa Memorial Continuing Education



The Evan Yoshio Niizawa Memorial Continuing Education Scholarship is given in memory of his accomplishments, scholastic excellence and participation in athletics in the face of severe illness and life challenges. Evan was an inspiration to all who knew him and admired his determination in all aspects of his life. The Evan Niizawa Memorial Continuing Education Scholarship was established by his parents Guy and Tracy Niizawa along with SF Athletics to honor Evan's memory. Evan had a long battle with cancer but was able to continue his highly successful high school and college career and attend UC Berkeley but had to leave school in the end. Athletics is given to a current or past member of SFVJACC Athletics who has demonstrated scholastic excellence and overcame challenges during their life.

We are pleased to announce Alana Yamauchi was selected as recipient of the Evan Niizawa Memorial Education Scholarship. Alana is the daughter of Darlene and Victor Yamauchi. She is an AP scholar and graduated with High Honors from Granada Hills Charter High School.

Alana faced her life challenges due to bullying and was able to turn the negative experience into positive by being a mentor and role model. She states "Looking back, this experience made me better equipped to handle more difficult situations. ... I can better empathize with people in similar situations and help them through it. As a coach, I am teaching and helping kids to play basketball in a way I wish I would have been taught. As a counselor, I am able to stop the bullying culture mindset. As a friend, I am able to say encouraging words and help them overcome. As an individual, I am better equipped to make an impact on this community." We know that Alana will pay it forwarded in Evan's memory!

Alana will be attending UC Riverside majoring in biochemistry.

Alana, Kate, Megan, and Sage, we are very proud of all of you and wishing you much success in your college endeavors.

Congratulations
CLASS OF 2020

Congrats College Graduates



Kristi Fukunaga

Arizona State University

Bachelor of Arts in
Elementary Education
Magna Cum Laude



Sydne Kaku

Cal State LA

Bachelor of Arts in
Urban Learning



Megan Kagiya

Cal Poly, San Luis
Obispo

Bachelor of Science
in Psychology
Magna Cum Laude



Ryan Kaneshiro

Occidental College

Bachelor of Arts in
Economics
Cum Laude



Stephanie Midori Laga

Yale University

PhD Inorganic
Chemistry



Glenn Miyagishima

USC

Doctorate of Education
Ed.D



Trent Miyagishima

Concordia

Masters of Arts in
Coaching and Athletics
Administration



Tyler Miyagishima

CSUN

Bachelor of Science
Kinesiology



Dayna Tanaka

La Sierra University

Bachelor in Exercise
Science



Kate Tokuhara

Cal State Bakersfield

BA in Communications
with minor in Marketing
and Sociology

Congrats College Graduates



Lindsey Tse
Emory University
Bachelor of Business Administration



Andrew K. Vasquez
CSUN
Business Marketing



Alyssa Yamane
MBA from UCLA
Anderson School of Management



SF Athletics 50/50 Raffle

By: Tiffany Pearlstein

Our Annual Pancake Breakfast Fundraiser looked a bit different this year. The Emeralds and Titans were charged with organizing the event this year. Once we realized that rescheduling the breakfast was not possible, it was decided to do a 50/50 raffle with the tickets that had already been sold. The raffle was held in Margaret Takimoto's yard and was broadcasted in a Google Meets session. Bing Lau provided technical support while Denise Tanaka kept us organized. Coach Jeremy helped mix up the tickets and a few of our young athletes picked the winning tickets. There were three grand prizes, first place was \$1,000, second place was \$750 and third place was \$500. There were 10 smaller prizes of \$200 each.

A huge THANK YOU to everyone who donated!! All proceeds go directly towards the benefit of our young athletes. The money helps with fees for gym permits, maintenance of our gym and other functions throughout the year. Our athletics program not only helps young players enhance their basketball skills, but also builds friendships across all our families. We are extremely grateful for the support from all the CC members and community, especially during these trying times. Your support is key in the success of our program. We hope that you and your families are all staying safe and healthy.



Grand Prize Winner
Yoko Nakaza
(Not pictured)



2nd Place Winner
Ted Fukuda



3rd Place Winner
Dick Kaku

Congratulations!

The following each won \$200 - Fumi Miyata, Reiko Moriguchi, Don and Yuki Nakagiri, Sachiko Sakamoto, Anna Shishido, Denise Tanaka, Glenn and Cindy Tatsumi (won twice), Burt Tokuhara, Randy Tomita

SFV JACL Sponsored “Drive Thru Plant/Mask Giveaway”

By Nancy Takayama

On Tuesday, May 26th the SFV JACL sponsored a “Drive Thru” event at the SFV Hongwanji Temple, distributing free vegetable plants from **North Hills Nursery** (Cathy & Yoshi Nakano) and face masks donated by **Kaori Hall**.

The volunteers on this day included, John Doomey, Yas & Nancy Gohata, Kaori Hall, Marcia Mahony, Ai & Mitzi Kushida, May Wood, Linda Kuratomi, Phil & Marian Shigekuni and Patty Takayama, all wearing masks to protect the community and others.

This event was to set an example to show all, that we as community members, understand and know what it will take to come out from our home safely and begin to establish our “new norm”. We need to adapt to new practices so we may protect our family & friends and begin to move forward with our lives. Returning to work and socializing can be done safely. ***Wear your face mask, wash your hands, carry hand sanitizer and practice social distancing.***

THANK YOU to everyone who came out. I believe the best part of this Drive Thru was being able to see, chat and know that our friends are healthy and safe.

This event was not intended to be a fundraiser but to raise awareness. Through the amazing generosity of our supporters who came out and participated in our Drive Thru we received over \$2,000 that we donated back to our sponsors and community.

Big Huge Mahalo to all our donors and volunteers.

Great job Everyone.



Mitzi Kushida lovingly nurtured the eggplant and cucumber plants she got from the giveaway.

Thank you North Hills Nursery and Kaori Hall for your generous donations!



Frank Tanaka and the Girl Scouts



Frank Tanaka was one of three seniors interviewed by Jordyn Lac, Caroline Lew and Samantha Nakano for their Silver Awards (article on front page).

ALZHEIMER'S SUPPORT GROUP



If you have a loved one affected by Alzheimer's disease, come and join us.

A non-judgmental, confidential place to share frustrations, concerns and ideas.

Group Meetings are being done virtually at this time. The next meeting is scheduled for August 8 from 10am - 12pm. For information, contact (818) 892-1487 or lois_okui@sfvjacc.com



Someone to Take Comfort In

By Old Wakaba, Bud Sagara

The generations of the CC are strong. Some have weathered the Great Depression, prejudice, relocation camps, WW II, and all the upheavals of the past decades. There were uncertainties, personal sacrifice, loved ones lost, and starting over with nothing. Individuals were forever changed as a result, but as a people, as Americans, they survived by adapting and becoming stronger.

After the worldwide COVID-19 pandemic shut everything down for weeks, the business of living is slowly emerging from the safer at home orders. There remains the collateral damage of the unthinkable death toll, the fear of further spreading the illness and the helplessness of not knowing how to fight this invisible enemy. The use of face masks and gloves, social distancing and sheltering-in-place are all part of a new normal, which isn't normal at all. Loved ones are prevented from visiting relatives in hospitals while large gatherings for weddings, celebrations, and funerals just aren't going to happen; while the most vulnerable, our seniors, are in psychologically harsh isolation.

We applaud the growing awareness of who our true American heroes are. They are not athletes or movie stars or Twitter influencers. They are doctors, nurses, hospital staff, law enforcement, fire/rescue squads, volunteers and all those working in our vital food chain from the farmers to the warehouse, to the retail stores and to front-line checkout clerks at the supermarket. One wonders if athletes and actors might be paid too much while the folks who truly help us in our time of need may be paid too little.

Personal stories like the following dramatically unfold everyday across the country in small, ordinary hospitals and care facilities. Saburo had tried to shelter at home during the COVID-19 pandemic, but the coronavirus found him nonetheless as he was feeling weak, feverish and had a constant cough. Because he was alone and stubbornly independent, he drove himself to the hospital without calling ahead. Immediately he was sent to a triage and assessment area in the hospital's parking lot. He was eventually admitted to an isolation ward in the hospital for COVID-19 patients. A nurse in the ward who was completely covered in protective gear tried to make small talk with Saburo by asking him about his family. He told her that he had a daughter, but they hadn't spoken for over a year. Even though Saburo could only see his nurse's eyes behind her facemask and face shield, he just knew she was a person in whom he could take comfort.

As the days passed, Saburo's health declined and realizing the worse, he asked his nurse for a pencil and paper at the end of their daily chitchat. His kindly nurse returned later with a pencil and a sheet of yellow paper. Several days later, Saburo was placed on a ventilator as he slipped further away from the chains that hold us to this life. The hospital administration contacted Saburo's daughter, Yumi, to inform her of her father's grave condition. She lived in Texas, so it would be difficult to quickly travel to Los Angeles. Flying is not a wise choice in a COVID-19 environment, so she decided to make the long drive by herself.

By the afternoon that Yumi arrived in Los Angeles, her father had passed away just hours before. The attending physician calmly spoke with her about the cause of her father's death and offered his condolences. Saburo's nurse presented the heartbroken Yumi with her father's personal property and had her sign the administrative paperwork. As if to somehow vent the pain and regret that was overwhelming Yumi, she told the nurse about a huge argument she and her father had about a year ago. When Yumi told her father that she was moving to Texas to live with her boyfriend, he disapproved and tried to convince her not to go. She remembered shouting terrible and hurtful things at her father and the last thing she had said to her father was, "I hate you" as she stormed out the house. Now it was too late to tell him that she was sorry. The nurse stood quietly with Yumi and after a minute lifted up a short prayer for her, "Dear Lord, please strengthen Yumi during her time of sorrow, may she be comforted by you and may she find your peace which surpasses all understanding."

Towards evening, Yumi drove from the hospital to her dad's house, the place where she grew up. She opened the side door to the house with her dad's keys retrieved from the plastic hospital bag containing his possessions. As she sat at the kitchen table surrounded by the familiar sights of her childhood, she mindlessly began to rummage through the other things in the hospital bag. There was the hospital paperwork, her dad's clothing, his wallet, and a folded piece of yellow paper. Upon carefully unfolding it, she read the handwritten words, "To my Yumi: I am so sorry we have not spoken. I pray you will forgive me for my foolish stubbornness. I know that you love me. I love you so much and always will. Daddy." Yumi read the short note over and over as her tears flowed down her cheeks. "I love you too, Daddy" she finally sobbed as she crushed the paper to her chest.

Her father's note wasn't the real treasure that Yumi held so tightly; it was the assurance that her father loved her and that no one could ever take that from her. This is love, but there is an even greater love than this. The Apostle Paul tells us in his letter to the Romans verses 8:37-39, "No, in all these things we are more than conquerors through him who loved us. For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord." These verses contain one of the most comforting promises in Scripture. No matter whatever hardships we are facing, even death, no matter where we are in this life, we are assured that it is impossible to be separated from the love of Jesus Christ for those who have put their faith and trust in him as Lord and Savior. He laid down his life on the cross for our sins as proof of this unconquerable love. Jesus loves us, not because of who we are or what we do, but because of who He is.



Join Keiro at our upcoming virtual events!

Virtual Keiro no Hi Festival
September 12, 2020



Virtual Keiro Symposium
October 24, 2020



Join us for our virtual Keiro forums, held weekly over Zoom on various topics. Visit keiro.org to register.

keiro.org |



Join a CARE Virtual Information Meeting with a Focus on Potential Japanese Participants!

Join us to learn about the CARE Registry, which will aim to recruit 10,000 Asian American & Pacific Islanders to participate in potential research in Alzheimer’s Disease and related dementias, aging and caregiving. A free Zoom Conference is scheduled for August 4th to present information regarding the CARE project and registry.

The purpose of CARE is to address the gap and reduce disparities in research participation among Asian Americans and Pacific Islanders (AAPI) through the creation of a research registry of AAPI who are interested in participating in various types of research.

Who Can Participate in the Registry?

- Self-identify as Asian, Asian American and/or Pacific Islander
- 18 years old or older
- Can speak English, Mandarin, Cantonese, Vietnamese or Korean
- Can read English, Simplified Chinese, Traditional Chinese, Vietnamese or Korean
- Have an interest in participating in potential research.

We hope that you will join us for our virtual information meetings on August 4th, 2020 from 12pm - 1pm!

How to Sign up for our Virtual Meeting

Please register using our Eventbrite pages:
August 4th: <https://www.eventbrite.com/e/113555457430>



San Fernando Valley Hongwanji Buddhist Temple's
Puzzle-A-Thon Fundraiser (by Jr. YBA)
Sunday, August 16th at 11:30am

		3					
	5						6
9	6	4	8	1	7		
5	6	9		3			5
	1	2	4				
	9		7	3	2		
	7			5	6		
6	2	8	7				

Join us for some fun and challenge for our first Puzzle-A-Thon!!!

The puzzles will be:

- 1) Sudoku
- 2) Word-search of Dharma words
- 3) Spot 10 differences in 2 Onaijin photos
- 4) Where is sensei??? (similar to Where is Waldo)

Rules: On the day of the event, the puzzles will be sent by email. The first three players to submit pictures of the correct answers to the puzzles are winners.

Donations - \$10/adults and \$7/children (there will be children version of the game for those 12 and under years old)

To play, please contact:

- Temple Office: svfhbt@gmail.com and submit your 1) Name, 2) email address, 3) phone number, and 4) # of adult players and # of children players.
- One registered, you can send your donation to SFVHBT, 9450 Remick Ave., Pacoima CA 91331 (write "puzzle" on envelope).
- Detailed rules will be sent to you once registered.

Thank you for your support. In Gassho ~ San Fernando Valley Hongwanji Buddhist Temple

San Fernando Valley Hongwanji Buddhist Temple's

Cultural Experience with Virtual Tours on Zoom

Sunday, August 23rd at noon (12:00pm)
(for about one hour and a half)

Picture tours of -

Spain with introduction to Spanish wine

TOKYO, JAPAN
WITH TUTORIAL ON MAKING TEMPURA
VISIT TSUKIJI AND GINZA



Ticket price - \$20 per Zoom participants

For reservations and questions, please contact Kimiaki at kimiakichiba@yahoo.com
 Once registered, you can send your donation to SFVHBT, 9450 Remick Ave., Pacoima, CA 91331 (write "Virtual Tour" on envelope).

Thank you for your support. In Gassho ~ San Fernando Valley Hongwanji Buddhist Temple

San Fernando Valley Hongwanji Buddhist Temple's
Onenju Kit, Bead Bracelet & Jewelry Sale *(by Jr, YBA)*



*Order Onenju kit to make your own, personalized beads bracelets
 With Dharma/personalized words, or hand-made earrings!*

**Suggested donation - \$5 per Onenju Kit/Bracelet/Earring
 (shipping included)**

How to Order:

- Email: sfvhbt@gmail.com or kimiakichiba@yahoo.com
- Or • Mail in completed order form.

SFVHBT Onenju Kit, Bead Bracelets & Jewelry Order Form

Name _____ Phone or email _____

	Quantity	Donation	Total Due	
Onenju Making Kit:				
Green		\$5.00	\$	
Purple		\$5.00	\$	
Earrings (butterflies – gold*)		\$5.00	\$	
Earrings (butterflies – silver*)		\$5.00	\$	
Earrings (leaves – silver*)		\$5.00	\$	
Bracelets:				
Personalization (10 letter max):				Personalization
Green		\$5.00	\$	
Purple		\$5.00	\$	
White		\$5.00	\$	
Total enclosed (check # _____):			\$	

* - Color of the earrings. Not precious metal.

Please send order form and check (payable to SFVHBT) by Aug 31st, 2020 to:
 SFVHBT
 9450 Remick, CA 91331
 (write "Jewelry" on envelope)

Thank you for your support. In Gassho ~ San Fernando Valley Hongwanji Buddhist Temple



**SAN FERNANDO VALLEY
HONGWANJI BUDDHIST TEMPLE**

9450 Remick Avenue, Pacoima
818 899-4030 sfvhbt@sfvhbt.org
www.sfvhbt.org

Resident Minister: Rev. Sala Sekiya
Temple President: Carolyn Sanwo

Due to the COVID-19 situation, services are being held via Zoom until further notice. Please contact the temple if you wish to be included on the invitation list. All other temple activities have been cancelled or postponed until further notice. Please check our website for updates. Thank you, and be safe and well.

Your donations gratefully accepted:

- PayPal on [sfvhbt.org](https://www.paypal.com/donate/?url=https://sfvhbt.org) or
- check mailed to:
SFVHBT
9450 Remick Ave.
Pacoima CA 91331



9610 Haddon Avenue
Pacoima, CA 91331
(2 blocks east of Laurel Canyon Blvd.
between Branford and Osborne St.)

Office Phone:

818 896-1676 (English)
(818) 899-4115 (Japanese)

Please refer to our website for more information: www.crosswaysfv.org

English Department

Pastor Roland Hazama
Pastor Raynold Nakamura

Due to the Coronavirus pandemic, services and meetings are being done virtually. Visit our website for more information.

Join us for services Sundays at 10:00 am through our livestream at

<https://www.facebook.com/crosswaychurchsfv/>



**Chatsworth West
United Methodist
Church**

Open Hearts, Open Minds, Open Doors

10824 Topanga Canyon Blvd.
Chatsworth, CA 91311
818 341-1270

E-mail: chatsworthumc@juno.com
FAX: 818 341 1271

Pastor: Karen Murata
Lay Leader: Jim Melichar

Due to the changing times of the COVID-19 pandemic, services are being held on Sundays at 10 am and bible study on Thursdays at 10 am and 7 pm through Zoom.

If you would like to join the services or bible study meetings, call (818) 341-1270 or email at chatsworthumc@juno.com



**SUNRISE FOURSQUARE
CHURCH**

Church address:
5853 Laurel Canyon Blvd.
Valley Village, CA 91607

Pastors:
Rev. Paul Iwata
Rev. James Iwata

We are currently streaming
our worship services.
Visit our Facebook page at

https://www.facebook.com/pg/sunrisejapanesechurch/posts/?ref=page_internal

HUMOR...WE NEED IT

Humor is a built-in coping mechanism that helps distract us from difficult times in our life and helps us release some the built-up tension. With the pandemic and being quarantined, we need a little humor to help us through it. Hope these makes you laugh.

From a teenage girl's Twitter account



COORDINATING COUNCIL ORGANIZATIONS - MEETINGS - CONTACT PERSONS

Coordinating Council	3rd Wed., 7:00 PM.....	Danny Okazaki.	818 899-1989
Community Center.....	1st Wed., 7:00 PM.....	Call CC Office	818 899-1989
Athletics.....	3rd Tues., 7:30 PM.....	Margaret Takimoto.....	818 701-7628
CC News	Lois Okui.....	818 892-1487.....	Email: lois_okui@sfvjacc.com
Chatsworth West United Methodist Church.....
.....	2nd Sun., 1:00 PM.....	Rev. Karen Murata.....	818 341-1270
Crossway Church	2nd Sun., 12:30 PM	Jennifer Trax	818 896-1676
Nikkei Senior Gardens.....	2nd Thurs. (even months), 7 PM..	Tadao Okui.	818 517-7907
SFV Bonsai Club	4th Sun., 8 AM-12 PM..	Kazuhiko Nakanishi ..	805 492-3439
SFV Hongwanji Buddhist Temple.....
.....	2nd Mon., 7:30 PM.....	Carolyn Sanwo	818 899-4030
SFV JACL	2nd Wed., 7:00 PM	Nancy Takayama.....	818 601-6296
SFV Japanese Language Institute.....	2nd Sat., 8:30 AM.....	Kiyo Watanabe.....	818 237-8540
.....	818 896-8612 (Office)
SFV Judo Club	4th Wed., 7:03 PM	Kenji Couey.....	818 381-7232
SFV Meiji Senior Citizens Club..	2nd Fri., 12:30 PM.....	Ritsuko Shinbashi	818 892-0470
Senior Hot Meals.....	Tues. & Fri. (no meal on 5th Tues. & 5th Fri.)	818 899-1989
Sunrise Foursquare Church.....	Reverend Paul Iwata	818 782-8738
Valley Japanese Community Center.....
.....	2nd Fri., 7:30 PM	Joy Longworth	818-896-7775

**Want to reserve the
Community Center
for an event?**

Call Tadao Okui at
(818) 517-7907
or email:
tad_okui@sfvjacc.com

**Want to submit an
article for the CC
Newsletter?**

Email:
lois_okui@sfvjacc.com

CC Deadline:
The 15th of every odd
month.

SPECIAL CLASSES

Arts & Crafts.....	Monday.....	10:00 AM-12:00 PM.....	Sally Hamamoto.....	818 361-2902
Ballroom Dance.....	Tuesday.....	7:00-9:00 PM.....	Barbara Okita.....	818 784-5128
Bowling*, Matador Bowl.....	Thursday.....	9:30 AM.....	Sam Nakata	818 894-5307
Bridge*.....	Monday.....	12:00-3:00 PM.....	Ray Shinsato.....	818 767-5550
Country Western Music*.....	Tuesday.....	10:30-11:30 AM.....	Janet Schuetze	818 767-1819
Exercise Class.....	Tuesday.....	9:00-10:00 AM.....	Ralph Ahn	818 302-6658
Exercise Class.....	Friday.....	10:00-11:00 AM.....	Phil Shigekuni	818 893-1581
Hanafuda*.....	Friday.....	1:00-3:00 PM.....	Call CC office	818 899-1989
Harmonica Class*.....	Friday.....	1:00-11:30 AM.....	Call CC office	818 899-1989
Hawaiian Hula (Hula Wahines).....	Friday.....	12:30-1:30 PM.....	Suzan Akamine	818 367-1723
Hitomi's Cooking Class.....	4th Tuesday.....	7:00-9:00 PM.....	NJ Nakamura.....	818 893-6503
Ikenobo Ikebana.....	2nd/4th Wednesday.....	10:00-2:00 PM.....	Mayumi Dennis	818 224-3346
Japanese Calligraphy.....	1st/3rd Thursday.....	9:30-11:00 AM.....	Call CC office	818 899-1989
Karaoke*.....	1st/3rd Thursday.....	10:00 AM-12:00 PM.....	Janet Yamamoto	818 365-8361
Kokusei Shigin Class.....	Tuesday (J-School).....	10:00-11:30 AM.....	Shigeru Kamimura.....	818 992-4673
Line Dancing*.....	Thursday.....	8:45-10:00 AM.....	Call CC Office	818 899-1989
Mandolin.....	Friday.....	9:30-11:00 AM.....	Call CC Office	818 899-1989
Nikkei Bowling League.....	Friday (Winnetka Bowl).....	8:00-10:00 PM.....	Stan Date.....	818 701-6607
Tuesday Mah-Jong*.....	Tuesday.....	1:00-3:00 PM.....	Call CC office	818 899-1989
Friday Mah-Jong*.....	Friday.....	1:00-3:00 PM.....	Call CC office	818 899-1989
Ondo Dancing*.....	2nd/4th Friday.....	7:00-9:00 PM	Janet Yamamoto	818 365-8361
Ping Pong Club.....	Thursday/Tuesday.....	10:00 AM-3:00 PM.....	Aaron Sanwo.....	661 755-0584
SFV Judo Club.....	Mon/Wed/Thurs/Fri.....	7:00-9:00 PM.....	Kenji Couey.....	818 381-7232
Tai Chi Class*.....	Monday.....	9:00-10:00 AM.....	Florence Takaaze	310 202-6693
Taiko.....	Sunday.....	10:00 AM-2:00 PM.....	sfv.taiko@gmail.com	818 899-1989
Ukulele Class.....	Friday.....	9:30-11:30 AM.....	Call CC Office	818 899-1989
Yoga Class.....	Wednesday.....	10:00-11:00 AM.....	Call CC Office	818 899-1989
Zumba.....	Monday.....	7:30-8:30 PM.....	Margaret Takimoto.....	818 701-7628

YOUTH SERVICE ORGANIZATIONS

Girl Scouts.....3rd Saturday.....2:00-4:00 PM..... Troop Leader: Akiko Manaka

SUPPORT GROUPS & SERVICES

Alzheimer's Support Group.....1st Saturday.....10:00 AM-12:00 PM..... Facilitator: Isabelle Miyata
 Blood Pressure Screening*.....3rd Friday.....9:30-11:00 AM..... Nikkei Pioneer Conference Room
 Podiatrist*.....2nd Saturday.....11:00-12:30 PM..... Nikkei Pioneer Conference Room
 (Times for the podiatrist is approximate.)

*Meiji Senior Citizens' Activity or Service

For more information, call the CC at (818) 899-1989.



SAN FERNANDO VALLEY JAPANESE
AMERICAN COMMUNITY CENTER NEWS
12953 Branford Street, Pacoima 91331
818 899-1989 Fax 818 899-0659

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Permit No. 21

San Fernando Valley Japanese American Community Center

2020 MEMBERSHIP FORM

(Membership Period: January 1 to December 31, 2020)

1. Complete the information below.

2. Make check payable to "SFVJACC".

Family Membership - \$60.00

3. Send your check and this form to: SFVJACC

Address above in the
left hand corner.

Single Membership - \$40.00

(Please Print)

Name _____ Phone _____
 (Last Name) (First Name)

Address _____

City _____ State _____ Zip Code _____

Email Address _____

Emergency Contact _____ Phone _____

If you would like to receive the newsletter in digital form instead of a hard copy, please check the box.

If you would like to be omitted from future CC Directories, please check the box.

Thank you for supporting our Community Center.

* For information, please call SFVJACC at (818) 899-1989. Fax is (818) 899-0659. Website: www.sfvjacc.com