



# SAN FERNANDO VALLEY JAPANESE AMERICAN COMMUNITY CENTER

Website: [www.sfvjacc.com](http://www.sfvjacc.com)

Issue 65

September/  
October  
2022

## CC's Steak Dinner Night

By Lois Okui

"The steaks were so big and delicious!" "What a wonderful time!" These were comments heard throughout the evening at the CC's annual Steak Dinner Night on Saturday, September 17th. It was almost three years ago since the event was last held and people embraced the evening. It was great hearing the laughter and chatter of everyone who attended.

The dinner was a huge success due to the planning of co-chairs, Jeremy Tsuneishi and Tiffany Pearlstein. To keep costs down, Jeremy bought rib roasts from Costco and a group of volunteers, lead by Jeremy and Tiffany cut the meat into one pound steaks on Friday. Over 380 steaks were cut for the dinner.

On Saturday, the steaks were cooked perfectly by Jeremy, Kimiaki Chiba, Terry Dockens, Richard Nakamura, Jon Okui, Ken Shinbashi and Kiyu Watanabe. Rounding off the dinner were sides of rice and coleslaw prepared by Hot Meal Coordinator, Kei Inoue with the help of Linda Takayama, and corn on the cob, cooked by Glenn Miyagishima and Lucas Chow. To top off the meal, refreshing ice cream sodas were served.



Jeremy Tsuneishi and Tiffany Pearlstein

We would like to thank Jeremy and Tiffany for co-chairing this event and thank you to all the volunteers who helped make it as successful as it was. We had over 270 people signed up for the dinner and more showed up at the door. Thank you to those who supported the event with donations and to all who came.



Aknowledgements and more pictures on page 4.

## KEIRO'S SENIOR FUN DAY

By NJ Nakamura



Getting older usually means more white hairs, the inner ears don't pick up sounds very well and maybe one's muscles & joints start to ache more. But despite all those changes, getting older comes with senior discounts and doing fun things with other seniors! So, why don't you just grab your cane or walker and go experience more exciting days? Yippee!

On August 15, approximately fifty seniors enjoyed the Keiro and Japanese American Cultural and Community Center's (JACCC) Bento and Art Lunch Program for Older Adults. Many seniors rode the chartered bus from the SFVJACC and a few members drove their own cars into Little Tokyo.

Continued on page 5.



**PRESIDENT’S MESSAGE**

I want to say thank you for all those that helped make Steak Dinner Night so successful and fun. There were many tireless workers and volunteers that I so much appreciated as I watched families and friends spending time visiting, as well as many kids running around and just having fun! I believe Super Bingo will be another great event, and I want to thank the committee and those helping to make this all come together! As many of you know, we had to limit the event this year, so please be sure to sign up right away.

The last event will be the Annual General Meeting. If you have the time I encourage you to come out. It is a good time to see what has been going on and some of the plans for the upcoming year and future. It has also become a good time to hear from the other organizations and groups in the area, as many come out to share about some of the great things they are looking forward to as well, and if you have an interest, I would take the time to introduce yourself and see how you can participate and enjoy their activities and events, too!

For those of you that did not know, I have stepped down from the Board due to commitments at my new job as the Associate Executive Director at Nikkei Senior Gardens. I am not leaving the Community Center (as some of you may have thought), and as I have said so many times in the past, the Board members really are the ones who have worked so hard taking care of members and the future of the Community Center as well. I promise to continue to be active and if you are in the area, you are always welcome to come by and visit or say hi to me at NSG.

Please enjoy the upcoming holiday season. Thank you to everyone for all the efforts each of you do to provide opportunities for family and others to experience and learn more about the history of the Center and of course, the Japanese community and culture!

Take care and I look forward to seeing you at future events and activities.

Sincerely,

Danny Okazaki

***Thank you, Danny, for the many years of serving on the Board of Directors and as the CC president. We wish you the best in your new job as Associate Executive Director of Nikkei Senior Gardens!***

**Acknowledgements**

**For the month of August & September 2022**

**Donations**

- SF Athletics.....
- Donation for the gym floor
- Anonymous.....
- In loving memory of Mitsuko Chiba
- Anonymous.....
- Masako Hollowell.....
- Garry and Joy Monji.....
- SFV Judo Club.....
- In appreciation of storing their judo mats
- SFV Hongwanji Buddhist Temple.....
- In appreciation of the use of CC parking lots for their 2022 Obon
- SFV Meiji Senior Club.....
- Donation for the Super Bingo Fundraiser
- Doug Nakada.....
- In memory of his father Harry Nakada
- Jean Fong and Family.....
- In memory of her husband Ernie Fong
- Eiji and Marge Sato.....
- For Liz Doomey’s Facebook Birthday Fundraiser
- Edward and Margaret Tajiri.....
- Kay and Kyoko Oda (Pat Donato).....
- Beth Matsumune.....
- In appreciation of Kimiaki Chiba and Murata Sensei’s help

**Steak Dinner Donation**

- Momoyo Chikasawa.....
- Mary Ishimoto.....
- Dale Kadonaga.....

**Steak Dinner Donation**

- Bill and June Takeshita.....
- Ken and Priscilla Mui.....

**Use of Facilities**

- Kizuna Little Tokyo, Inc.....
- Ping Pong Club.....
- Anonymous.....
- Tuesday & Friday Exercise Class.....
- Aloha Club.....
- Maria C. Okumura.....
- Merry Hiroshima.....
- Denise Tanaka.....
- Yonsei 26.....
- Hawaiian Hula Class.....
- Tai Chi.....
- Meiji Ondo Group.....
- NALC, USA.....
- Thursday Nite Basketball.....
- Omotenashi Consulting Inc.....
- Yoga Class (Dissolved).....
- Yonsei Basketball Association.....
- Country Western Music.....
- Line Dancing.....
- Hitomi’s Cooking Class.....

**Miscellaneous**

- Coffee Donations.....
- Aloha Club..... 1 (3 lbs) Coffee

*Thank you for your generous donations!*

# CC's Steak Dinner Night - Continued from Front Page



*yum!*

## Thank you to the Following Volunteers

Anderson, Mike	Nakama, John
Arinson, Jay	Nakamura, Richard
Chiba, Kimiaki	Oda, Kay
Chow, Dana & Lucas	Okazaki, Danny & Andy
Couey, Kenji	Okui, Jon
Dockens, Terry	Okui, Tadao & Lois
Herrejon, Josh	Opiana, Jacey
Imanishi, Kyle	Pearlstein, Tiffany, Joshua & Olivia
Inoue, Kei	Ramos, Elijah
Kadonaga, Troy	Shinbashi, Ken
Kimura, Patti	Takayama, Robert & Linda
Lara, Tristan	Tatsumi, Sharon
Lau, Diana & Tre	Tsuneishi, Jeremy
Longworth, Joy	Tsutsui, Kiyo
Miyagishima, Glenn & Sharlene	Watanabe, Kiyo, Asuka & Tenka
Murphy, Marian	Yee, Jaren
Nakada, Doug	
Nakada, Gary	

## Thank you For Your Donation

Momoyo Chikasawa	Ken & Priscilla Mui
Mary Ishimoto	Bill & June Takeshita
Dale Kadonaga	



## KEIRO'S SENIOR FUN DAY — Continued from Front Page



The newly built dining area, the Toshizo Watanabe Culinary & Cultural Center, is so beautiful. It is pleasantly modern with floor to ceiling glass windows that look onto the peaceful James Irvine Japanese Garden.

We were all treated to the culinary talent of Rising Chef in Residency, Chef Chris Ono. As a Yonsei, Chef Ono grew up eating the Japanese American comfort-food flavors we are all familiar with. He masterfully made slight changes and created a meal with much more flavor. Our bento, in a real wooden box, was filled with sautéed chicken and summer vegetables with miso crab sauce “toriniku to natsu yasai no saute/kani miso sosu.” The nori furikake, sprinkled on the rice, was Chef Ono’s own recipe. Usually, I try to avoid eating a lot of carbohydrates, such as rice. But unexpectedly, I couldn’t stop eating the delicious meal and suddenly my bento box was totally EMPTY!



Chef Chris Ono and the bento he made for the lunch (below)

Next on the agenda was our art lesson. Jane Matsumoto, JACCC’s Culinary Cultural Arts Program Director, taught us how to use furoshiki. Furoshiki are traditional Japanese wrapping clothes that are used to wrap or carry goods. Instead of using paper gift bags or gift-wrapping paper, it is attractive to give a present wrapped the Japanese way. We were shown how to wrap our wooden bento box and the borosilicate glass bottle we were gifted.



Jane Matsumoto demonstrates the art of furoshiki folding.



### SFVJACC Annual General Membership Meeting

Wednesday, December 7, 2022  
6:00 - 8:00 PM

#### Topics to be discussed—

- Financial Reports
- Endowment Committee
- Future Planning Committee - Future Projects/Visions
- Reports from SFVJACC Coordinating Council Organizations

**Please join us for this informative meeting.**

**Dinner will be served.**

For information, call the CC office (818) 899-1989 or email Lois Okui at [lois\\_okui@sfvjacc.com](mailto:lois_okui@sfvjacc.com)

**amazon**smile

Do you shop on Amazon?  
Why not shop on AmazonSmile?

AmazonSmile is a simple and automatic way for you to support our Center every time you shop, at no cost to you. AmazonSmile offers the exact same low prices, vast selection and convenient shopping experience as Amazon and 0.5% of the price of your eligible AmazonSmile purchases will go to our Community Center.



To register, go to  
[smile.amazon.com](https://smile.amazon.com)

## PINE TREE TRIMMING

On Sunday, August 28, 2022, the SFV Bonsai Club came out to the Community Center to trim the pine tree and to work in the gardens. An invitation was extended to the groups in the SFVJACC Coordinating Council to come join the Bonsai Club and learn the art of trimming the pine trees. About eight people came out to help. Everyone worked hard in the heat and now the trees and gardens look great. Afterwards, a lunch of croissant sandwiches, lavash pin-wheel sandwiches, chips and cookies were served.

### Thank you to all the following -

Kimura, Akira  
Cruz, Mamoru, Haruka & Judith  
Doomey, Liz\*  
Hongo, Iris  
Inoshita, Takeyoshi  
Kizuchi, Kevin & Mrs.  
Koga, Richard, Anne & Bryce  
Longworth, Joy  
Murata, Shigetaro  
Nakanishi, Kazuhiko  
Nishio, Susan  
Okui, Tadao & Lois\*  
Ono, Daito  
Rivera, Albert  
Schroeder, Shawn  
Suzuki, Mikizo  
Tenaga, Takuma  
Uchida, Cathy  
Viray, Fernando  
Watanabe, Kiyo, Patti, Tenka & Asuka  
Yakura, Osamu

\* Helped with the Lunch

ARIGATŌ





## SFV Meiji Senior Citizens Club News

By Liz Doomey

Meiji Club is looking for members for the Board who would like to participate in developing the direction the club should be taking in the future. New ideas are always welcome and getting involved in different ways to help our seniors achieve the best they can be in their aging process. If you are interested, join us at our next board meeting on Friday, Oct. 7<sup>th</sup> at 12:30 PM.

**Meiji Bingo** - Our next Meiji Bingo will be on Friday, October 14<sup>th</sup> after Hot Meal. Five games for \$5.00. Prize is half of the pot.

**Driver Safety Education for Senior Drivers** - The California Highway Patrol will be presenting their Age Well, Drive Smart Class after Hot Meal on Friday, October 21 at 12:15 pm (30-45 minutes presentation). <https://www.chp.ca.gov>  
Contact Liz Doomey for more information 818-429-4096 or lizdoomey@yahoo.com

**Las Vegas Trip** - the last trip of the year to Las Vegas will be November 7, 8 and 9. Sign-up sheets with prices are available in the lobby of the Hall. Last day to register is October 7<sup>th</sup>. Contact person: Yoshimi Sussan 818-699-7234

**Keiro** - The fall **AARP Smart Driver Session** will be on October 19 and 20 from 9 am-1 pm in the conference room of the Hall. There is still room for four people. Contact Liz Doomey for registration 818-429-4096 or lizdoomey@yahoo.com

**Iyashi Care** - A joint program is being hosted by SFVJACC and SFVHBT on Friday, October 28<sup>th</sup> after Hot Meal from 12:30 PM to 1 PM. Provided by Keiro and partnered with Providence, Iyashi Care is a community based palliative care to the Japanese American community in Los Angeles and Orange counties. Care teams provide guidance and support to older adults with serious and chronic illnesses and their families.

**Upcoming Keiro Forums: 10:30 - 11:30 AM - Register at Keiro.org** When you register for one it will automatically register you for all the month's forums.

October 4, 2022 - Preventing Senior Scams	October 18, 2022 - Community Conversation: Security
October 6, 2022 - Cybersecurity 101	October 20, 2022 - Estate Planning with Staci Toji

## Cooking with Care

### Tutorials for Caregivers

Learn easy Japanese recipes to cook for your loved ones! A free and live online cooking tutorial geared towards current or future caregivers but open to all.

**Tuesday, October 18, 2022**  
*Okazu for Kazoku*

**Monday, November 21, 2022**  
Donburi for You and Me

**Monday, December 12, 2022**  
*Donabe Done Right*

Culinary Demonstrations Will Be Online on Zoom.

Register online at [www.keiro.org/events](http://www.keiro.org/events) or contact Keiro at 213-873-5708 or [programs@keiro.org](mailto:programs@keiro.org)



## SENIOR HOT MEAL MENU

### October 2022

MENU SUBJECT TO CHANGE  
LUNCH WILL BE SERVED AT 11:45 AM • NO TAKEOUTS

October 7 - Fish

October 14 - Chicken Parmesan

October 21 - Kalua Pork/Cabbage

October 28 - Chicken Dofu

## MONTHLY BLOOD PRESSURE CHECKS



**3rd Friday of Every Month**

**9:30 - 11:00 AM**

**In Nikkei Pioneer Hall**

## A GIFT OF CRANES

By Kyoko Oda



After two years of being shut down, our dedicated chef Kei Inoue started making menus for our popular Friday senior hot meals. To celebrate friends, food, and the joy of being together, George Oda made a gift for each person. He crafted each string of tsuru origami during COVID knowing that “this too shall pass.” It is typical of George whose farm was across the street when the Center was built in 1959. Before the war, his family farmed in Burbank.

George returned to his favorite table where his family gets together with a few friends like Cherry Uyeda and Tadao Okui. Many nearby are the Manzanar alumni like Teddy Yamane.

George will be ninety-nine years young on Christmas Eve. We thank you, George Oda, for your wisdom, sense of humor, and being a lifelong CC member.



## Dining with the Chef

By Liz Doomey

Our first **Dining with the Chef** was a hit! Chef John Nishio with his wife Susan and 15 members made Far East Café version of Seaweed Soup. Delicious, took me back in time to the days we went to the cafe on First Street with family and friends. We had a lot of fun making “Tamago Dashi Yaki”. It looks easy to flip the egg but it is really hard to do. A few fell apart but a few looked pretty good. Everyone got to eat the fruits of their labor.

We are in the planning stages of our next Dining with the Chef this Fall. Chef John would like to demonstrate his Obachan’s Makizushi and his California Roll. Information should be available by the next newsletter edition this Fall.

**Oishii!**



# 2022 Nikkei Games 3-on-3 Basketball Tournament Results

August 13, 2022

## SFV Triple Threat

**Gold Medal Winners**  
4th Grade Girls Bronze Division



L-R: Mina Duong, Leia Nagasugi, Sofia Kwan

## SF Guardians

**Silver Medal Winners**  
7th Grade Silver Lower Division



L-R: Braeden Halverson, Drew Magcase, Mikey Murata, Luke Kadotani

## SF Dragon Ballers

**Bronze Medal Winners**  
4th Grade Silver (Middle) Division



L-R: Sola Evans, Miles Magcase, Cole Magcase

## SF Dragon Ballers

**Bronze Medal Winners**  
4th Grade Bronze (Middle) Division



L to R: Max Kadotani, Theodore Kim, Izaiah Lara, Drew Ezaki

## Way To Go Teams!



## SF Swish

**Bronze Medal Winners**  
7th Grade Girls - Bronze Division



L-R: Kairi Nagasugi, Brooke Thorman, Sophia Dao, Sophie Tan

## SF Guardian

**Bronze Medal Winners**  
7th Grade Silver Upper Division



L-R: Aiden Duong, Finn Komives, Lucas Padua (not pictured)

## SF Shinobi Slayers

**Silver Medal Winners**  
4th grade Boys Upper Silver Division



L-R: Cameron Bernardo, Zachary Tam, Mark Tam

## SF Raptors

**Gold Medal Winners**  
3rd Grade Boys Silver Division



L-R: Grady Magcase, Austin Lee, Mikah Chi



# **Pee Wee Clinic**

SFVJACC Athletics held their 13th annual Pee Wee Clinic for four Saturdays in July. The Pee Wee Clinic was fortunate to practice on the new gym floor! Fourteen youngsters (4-7 years) attended the clinic where the children learned basketball fundamentals. Camp director, Alana Yamauchi and co-director Tre Lau, along with camp counselors worked with the kids on dribbling, passing, and shooting skills. All the participants enjoyed the program and were given a certificate of participation on the last day. The Pee Wee Clinic is held every summer to introduce new players to the game and to encourage new players to join the SFVJACC Athletics in the fall.

Special thanks to the following junior, prep players and alumni of the SFVJACC Athletics. We wouldn't have been able to provide the Pee Wee Clinic without the support of the camp volunteers!

## **Camp Volunteers**

- |                           |                |                    |
|---------------------------|----------------|--------------------|
| Yamauchi, Alana, Director | Kadonaga, Troy | Okazaki, Andrew    |
| Lau, Tre, Co-Director     | Kido Garrett   | Okuyama, Michaela  |
| Chang, Lauryn             | Koga, Bryce    | Paloma, Jonathan   |
| Chow, Brandon             | Muranaka, Evan | Paloma, Magadelina |
| Chow, Lucas               | Murata, Lani   | Pham, Emily        |
| Endow, Kamryn             | Murata, Mikey  | Shimabukuro, Zen   |
| Imanishi, Kyle            | Murata, Ryuta  | Yamauchi, Brendon  |
| Ishikawa, Evan            | Nimura, Scotty | Yoshizaki, Olivia  |
| Kadonaga, Lindsey         |                |                    |



## 2022 Athletics Scholarship Winners

By Margaret Takimoto

### WAYNE YAMAMOTO MEMORIAL SCHOLARSHIP

**Wayne Yamamoto** was a student athlete and a member of SF Athletics in the 1960's and who's memory we honor with the **Wayne Yamamoto Memorial Scholarship**. This year's award is presented to Rane Kita. Rane graduated from West Ranch HS in Valencia with a 4.0 GPA. He was an AP Scholar (9th-12th), member of the National Society (10th-12th) and California Scholarship Federation (10th-12th). Rane received the Scholar Athlete Award (9th-12th). Rane is the son of Katie and Gregg Kita. Rane played SF basketball 9 years with the SF Sharks, coached SF Blast team and played four years high school basketball at West Ranch High School where he was varsity team captain for two years.



"Having grown up in a predominantly white community, I never really felt connected to parts of my own culture and heritage. As a half-White, half-Asian American, I was always stuck in the middle ground between fitting in with the White or Asian kids. Despite going through similar experiences with people of both communities, there were still many moments in my life where I felt like I did not share the same upbringing and values as my friends. Even with simple things such as my family's practice of leaving our shoes outside our door, I felt a sense of disconnect with my White friends and sought out to remedy that feeling.

I was able to discover my roots after I became involved with the San Fernando Valley Japanese American Community Center. This center became the place where my older brother and I grew up playing basketball together. It started off with something as simple as me joining him and the older kids at practice, trying to impress them with my elite ball handling. As I grew older, my skills on the court and my relationships with the players gradually developed which helped lead me to my life as it is today. I am currently the starting point guard and Team Captain of my Varsity basketball team; I have been for the past two years. Even as a 5 foot 9, 140-pound guard, I was able to make Varsity as a Sophomore and help lead my team to two back-to-back undefeated league championships my Junior and Senior year. The strong game instinct, high confidence, and love for the game that I built through my time at the SFVJACC, is what I believe, truly helped me accomplish my goals over the years. Along with the many skills I developed here, this community was more than a place for me to play basketball. I began to realize the impact this community center made on my life in terms of being a place where I was more in tune with my Japanese culture. For this reason, my experience with the community center gradually blossomed from being a place where I just went to play hoops into an opportunity for me to learn more about my ethnicity and culture, give back to the Japanese American community, and find a place where leaving one's shoes at the door is the norm.

My time at the SFVJACC was mutually beneficial; I was able to help others and help myself as well. I am grateful for all that I have learned there, including many different Japanese traditions and festivals, leadership skills on and off the court, and the significance of giving back. Being involved with the SFVJACC was not only an important learning experience, but it also was a place that welcomed me with open arms and allowed me to embrace my ethnicity rather than shield it. It was the solution to finding a place where I culturally belonged."

Rane will be attending UCSD.



### HOSHIKO HIRANO MEMORIAL SCHOLARSHIP

**Hoshiko Hirano** was the first Girls' Athletics Commissioner and was instrumental in starting the girls' athletics program in the 1960's. In those days, the girls only played softball. The late Mrs. Hirano and along with her husband Yoshio Hirano, who was the boys' commissioner were actively involved in promoting our program. The **Hoshiko Hirano Memorial Scholarship** was established to honor her memory and contribution to girls' Athletics program. We are please to award this years Hoshiko Hirano Scholarship to Jensen Emi. Jensen played SF Athletics basketball with the Ninjas and Swish. She is AP Scholar Athlete with a 4.40 GPA was the school valedictorian and attended Granada Hills Charter High school. Jensen played Frosh/Soph where she received MVP award, played on the JV team selected as Offensive Player of the Year and selected to the West Valley League 1st team. Jensen was on the varsity team for two years and selected to 2022 for West valley League

2nd Team.

"One of the organizations I volunteered for is called Operation Gratitude. It is an organization that sends packaged goods to soldiers. Each package contains letters, handmade goods, etc. I crocheted and donated scarves to this organization. At my school, I took part in a club called Quaranteen Mentors. It is a club designated to tutor TK-8 students in multiple academic subjects. I was the Website Editor and one of the tutors.

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In 2nd grade, there were finally enough girls to form another team and our team name was SF Swish. My dad, my sister, and my sister's friend were the coaches of the team. My dad, mom, and sister would all drive down to practice every Friday night. It was nice to spend time with my family after everyone came home from school or work. Going to events like this strengthened my relationships with my family. Being a part of the program allowed me to bond with my family and share amazing memories that I will never forget.

From practicing every Friday night to playing on Sundays for JAO to participating in tournaments, I was able to become a better basketball player. With the consistent schedule of practicing and playing games, I was able to work on my fundamentals which ultimately contributed to the rest of my basketball career. The SFVJACC Athletics program gave me an opportunity to not only enjoy playing basketball with my friends, but to also improve my skills and lead me to becoming the best player I could be. I've received a few awards and honors in my basketball career, and I acknowledge a lot of my success with my participation at the SFVJACC.

I'm grateful to have been part of the SFVJACC Athletics program as my participation has contributed to who I am and where I'm at today. Because of this program, I was able to spend more time with my family and grow my love for basketball. I will always cherish the memories I made during my time in this program."

Jensen will be attending UCSD.



### **LAUREN TAGUCHI MEMORIAL YOUTH SERVICE AWARD**

Athletics established the **Lauren Taguchi Memorial Youth Service Scholarship** in the year 2009 to honor her memory. As an active member of the SFVJACC Athletics, as well as many other community organizations, Lauren was an exemplary student athlete, a role model, friend, and teammate who demonstrated sportsmanship on and off the court. We are pleased to announce Alana Yamauchi was selected as recipient of the **Lauren Taguchi Memorial Youth Service** award. The scholarship committee's selection was based on her spirit of volunteerism and citizenship, through community service.

Alana is daughter of Darlene and Victor Yamauchi. Alana

played with basketball for ten years at the CC with the Wildcats and Y2K teams. Alana describes her volunteerism and dedication... "Because I had many years growing up in amazing programs like Athletics, Kizuna, and Rising Stars, I was inspired to give back to my community the same way that I was shown through volunteering. After being a basketball player in Athletics for almost ten years, I wanted to give other kids the opportunity to come to love the game, that not only brought so many opportunities for me, but also defined who I am today. So, when I had the opportunity to help little kids play basketball, I jumped at the chance. The amazing volunteers that worked like clockwork to make the Pee Wee clinic enjoyable for the kids inspired me to step up my own game and be just as involved. After working with people like Curtis Takimoto, who made every clinic so special that players, siblings, and their friends came back every year, I was inspired to help coach a team at the community center. I was lucky enough to be able to be the assistant coach of the now 4th grade Tigers team. On top of that, I was also given the opportunity to be the Director of the Pee Wee clinic and I only hope that I'm able to spark an interest in basketball for the kids I coach, much like Curtis did for the kids he coached. In addition, I am part of the Kizuna staff for the summer camp held at the SFVJACC community center. After going through their camp, I was so amazed at the amount of effort and forethought that was put into every workshop, game, and everything in between. When I became an 8th grader and was asked to come back to the camp as a Jr. counselor, I couldn't say no. Since then, I've returned every year as an actual counselor. I've been lucky enough to be able to run many workshops, icebreakers, and head my own group of kids. Here, I learned the importance of taking initiative, being flexible, and the meaning of being a part of the team. I have the privilege to work with an amazing team of counselors and Jr. counselors that give back to our community and that makes me smile." Alana is the shining example of giving back through her community service!

Alana is in her 3rd year at UC Riverside as a Biochemistry major.

### **EVAN NIIZAWA MEMORIAL CONTINUING EDUCATION SCHOLARSHIP**

The **Evan Yoshio Niizawa Memorial Continuing Education Scholarship** is given in memory of his accomplishments, scholastic excellence, and participation in athletics in the face of severe illness and life challenges. Evan was an inspiration to all who knew him and admired his determination in all aspects of his life. The **Evan Niizawa Memorial Continuing Education Scholarship** was established by his parents Guy and Tracy Niizawa along SF Athletics this year to honor Evan's memory. Evan had a long battle with cancer but was able to continue his extraordinarily successful high school and college career and attend UC Berkeley but had to leave school in the end. This scholarship is given to a

**2022 Athletics Scholarship Winners** - Continued from page 12.

current or past member of SFVJACC Athletics who has demonstrated scholastic excellence and overcame challenges during their life. We are pleased to announce Tre Lau was selected as recipient of the Evan Niizawa Memorial Education Scholarship and is the son of Diana and Bing Lau. Tre continues to be involve in the JA community while away at college at UCSD as an active member of the UCSD Nikkei Student Union and Intercollegiate Nikkei Council, and Rising Stars Youth Leadership Program Alumnus. When he is home from college, Tre has volunteered his time at various SFVJACC events.

He said "These past two years thus far have probably been some of the most challenging times of my life and to be honest it really seemed as if the world was trying to find ways make it miserable. Within this short period of time, I've had two uncles whom I have always looked up to pass away, my father had a heart attack, my grandmother has been slowly losing her memories, and I too ended up in the hospital a little over a month ago. All these occurrences happened during the current pandemic, adding even more factors that deteriorated not only my physical health but my mental health. This has been by far the most hectic and stressful time in my short 21 year existence. Now even though all the challenges and experiences from the last two years have truly tested my mental fortitude, it really opened my eyes to see how short life really is and that each and every moment I have with the people I care about is valuable, since I don't know when it will get taken away from me. This pandemic especially made it blatantly obvious how much I, as well as others, used to take the time we spent with our loved ones for granted, and it made me want to treasure as many experiences as possible, regardless of if they seem meaningless or important. The way I currently see the world goes like this, "life is short, so make the most of it, enjoy it for all it is worth, and try to live with no regrets."

We are happy to support Tre's goals pursuing his career in industrial organizational psychology. We know that Tre will pay it forwarded in Evan's memory!  
Tre is in his 4<sup>th</sup> year at UCSD.



*Rane, Jensen, Alana, and Tre, we are enormously proud of all of you and wishing you much success in your college endeavors.*

**SFVJACC Athletics**  
Is looking for  
**KINDER KIDS**  
to play basketball,  
especially girls!  
For more info, email  
[sfvathletics@gmail.com](mailto:sfvathletics@gmail.com)

*Let's Fight Cancer Together!*

**Lindsey Kadonaga is collaborating with Love, Evan and Make Lemonade to raise money to fight cancer!**

Garbatte bracelet

**Fundraiser**

GANBATTE IS A JAPANESE SAYING  
NEVER GIVE UP AND ALWAYS PERSEVERE NO MATTER WHAT LIFE HANDS YOU

\$10

THANK YOU FOR YOUR SUPPORT!!  
LOVE,  
LINDSEY  
KADONAGA

Contact:  
[makelemonadeatt@gmail.com](mailto:makelemonadeatt@gmail.com)  
or  
[lindsey.kadonaga@gmail.com](mailto:lindsey.kadonaga@gmail.com)

@lovemakelemonade      www.love-evan.org

This article was taken from Elite Magazine (September/October 2022) and written by Tyra Ghamghamy.

## A LOVE STORY 80 YEARS IN THE MAKING

*George Jiten and Jean Yoshiye Tsukashima*

By Tyra Ghamghamy

Valencia residents, George Jiten and Jean Yoshiye Tsukashima are one of four couples in the entire United States that have been married for more than 80 years, each reaching the age of 100. Since their meeting, they've been through their fair share of hardships and turmoil, but their story is one for the ages - literally.

George was born in Gardena and went to North Hollywood High, and Jean was born in Los Angeles and went to Torrance High. They first met at a skating rink in Torrance when Jean was 19 years old, George 20. After eight decades, five children, five grandchildren and eleven great grandchildren, They've learned a thing or two about what it takes to keep a marriage strong.



When the U.S. entered the war in the 1941, Presidential Executive Order #9066 sent over 120,000 Japanese Americans into internment camps during early 1942. In order to prevent themselves from being separated, they got married. They were relocated and housed at Santa Anita racetrack, before being sent to Manzanar internment camp (one of 11 internment camps). They remained there until 1945, where the family was granted a job and was transferred to New Jersey. In 1949, they moved back to California, soon to be their permanent residence.

Their children, Ron, Dan, and Darlene share that the Tsukashima family as a whole is very close-knit. Family gatherings and sports with the grandkids and great grandkids are what keep them together.

Today, both George and Jean are 100 years old, having celebrated their birthdays in November 2021 and April 2022, respectively. Also celebrated in April was their 80th wedding anniversary, which is a timeless celebration of their love and respect for each other.

"Their relationship has taught my siblings and I to be generous and good people," says Dan. He, his older brother, and younger sister are all in their 70s and have all been married over 50 years as well.

The story of George and Jean Tsukashima is one of unending loyalty, perseverance, and above all, love. Their relationship stands as a testament to the power of it all, and a marriage that has so staunchly endured the test of time is one that deserves to be celebrated.

*\*Note: George Tsukashima was one of the CC's founders honored at SFVJACC's 60th Anniversary Celebration in 2020. Sadly, George, Jean's longtime love, passed away on August 27, 2022.*



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### **CC Movie Review Club**

On Wednesday, five of the members from the CC Movie Review Club went to see "No No Girl" with an early dinner after at Fish King. We had a good time and even met the director, Paul Goodman. The movie is about a young Yonsei who discovers the trauma and truth about her family's past.

The Movie Review Club meets on the first Monday of each month from 12-3 pm in the conference room of the hall. Join us for lunch, movie and discussion.

Pictured from L-R: Shirley Docken, Liz Doomey, director Paul Goodman, Joy Longworth, Masako Hollowell, Kay Kami.





## Falling Down

By Old Wakaba, Bud Sagara

Although the Valley does not have dramatic changes of seasons like other parts of the country, autumn is the season where we can witness what real natural beauty is. We can enjoy those last bursts of color in the crisp morning air, sometimes tinged with the faint smell of smoke. Hopefully, the smell of smoke is not from brush fires which have been so prevalent during this drought. Autumn is the time when Creation splashes out a grand finale of this earth's oldest performance art. It is also the season that invites us to more somber thoughts as the activities and greenery of summer quietly fade away.



As the leaves let go of their anchors to the branches, we too sometimes have to let go of things. For everything there is a season and a time for every matter under heaven; a time to keep and a time to cast away. Autumn is the season for introspection; to put off our public facades and to let ourselves fall to earth again. Having grown older, we've already experienced the budding of life in spring and the growth and abundance of summer, so the falling leaves herald the natural progression of things.

I apologize in advance for the mournfulness of this article, but it's sometimes comforting to air out these issues to let others know that they are not alone in their troubles. Relationships are what make a life, and there is no harder relationship to maintain than the one with a spouse. Each partner must invest his or her time, energy and sacrifice to make a marriage work. Finding the right person is only the start of the journey. While falling in love is bliss, falling out of love is painful. Whether our own feelings have changed or the other person no longer loves us back, losing love can be make us feel like we've fallen and can't get back up. Sadly, there's no quick fix for a broken heart.

Sometimes the pain of losing love is made worse by our own thoughts and emotions. How many times have those pivotal moments been replayed over and over in our heads? I should have done that better or I shouldn't have said what I did. The end of a relationship means letting go of all those plans, hopes, and dreams with that person.

Broken hearts are everywhere. My wife and I have thoroughly enjoyed Korean dramas while staying home because of COVID. Korean dramas cleverly create emotional connections with viewers on many levels. Viewers become invested in the show as the main characters endure trials and heartbreak. The cliff hangers at the end of nearly every episode leave us squirming and later speculating over the dinner table about what might happen in the next episode. While it's always heartwarming to enjoy the cute couple moments of the one true pairing, there's nothing more heart wrenching for the viewer than to watch the couple mess up what they shared in later episodes. These scenes can be some of the most powerful and poignant scenes to watch. It hurts because it reminds us of our own blunders and blindness to our shortcomings.

While falling out of love is painful, the passing of a loved one might be overwhelming. There's that emptiness and loss that can make even everyday things sorrowful reminders. It's the silence, those long nights alone, family photos of happy times, and that vacant space that one just doesn't get used to. Well intentioned friends might say that the dulling pain of loss will lessen as time goes by, but that isn't really true. The sorrow and loss are real and will always remain. We could not survive if we tried to carry the weight of our loss forefront every waking hour. So we attempt to cope by packing that burden into personal baggage that is put away in deep storage within us. We are lost like a tiny boat on an angry ocean being tossed to and fro. Many boats by God's grace make it back to shore, while others continue to drift miles and miles from safe harbor.

We all wish to avoid heartbreak, loss, and sorrow; but they come nonetheless. It's like a big pile of stones have been suddenly dumped right in our front yard. We may try to ignore the stones as if they're not there. We may try to plant ivy around the pile in hope that the ivy will grow to cover it. We may use the stones to build a wall to seal ourselves off from the world. The issue is how will we continue living with that pile of stones?



Heartbreak and sorrow are natural parts of life. Heartbreak tells us that we are alive, able to feel deeply and spiritually and capable of change. It may leave a person wiser or perhaps stronger in remembering that our time on this green earth is limited and that we should seize every opportunity to love, to forgive and to treat our neighbors like we would like to be treated.

Some might say that God is closest when we are taken in by the beauty of his Creation. The spectacular colors of fall show us how even dying leaves bid us farewell with bursting last smiles. Others might say God is closest to them through family; in the faces of grandchildren, in the grasp of a newborn's fingers, in the familiar embrace of a life partner. *Psalm 34:18* teaches us that "the LORD is close to the brokenhearted and saves those who are crushed in spirit." In happy times and good fortune, one rarely thinks about God's nearness because we're too busy celebrating and patting ourselves on the back. However, in those moments when we are heartbroken or when we lose that special someone, then it feels like God has turned his back on us. Amazingly, that's the time when God is closest amidst our brokenness to comfort us. God is with us and waiting for us to call him closer. Take comfort that Jesus Christ left his heavenly home to share all the messiness of our lives, to forgive all our sins by laying down His life on a cross, and to wipe away every tear. Hold fast to that hope regardless of your present situation. If we had no winters in our lives, spring would not be so welcomed and autumn's cautions would go unheeded.

The Future Planning Committee (FPC) was established March 2015 by the CC Board of Directors. The purpose of the committee is to recommend short and long range plans for the Community Center. The FPC has representatives from various organizations and clubs of the SFVJACC. The FPC surveyed the CC members for additional ideas and suggestions for projects and programs to enhance our community center experience. The FPC has been working for 4 years on feasibility studies to determine the need for building a new multi-purpose community facility. To meet the needs of its growing multi-generational membership, the FPC has been exploring, researching and collecting data to support this goal. The mission of the center is to preserve the Japanese and Japanese American experience through education, activities, and events for our members. Below is an update from the committee—

## FUTURE PLANNING COMMITTEE UPDATE

# PROJECT:NOZOMI



TARGET COMPLETION DATE: 2030

ARTIST CONCEPT ONLY

The Future Planning Committee has been busy the past few years working on the development of Project:Nozomi for the future of our Community Center. We've reached out to our members to discuss needs and concerns, studied various options for the size/scale of the project, reached out to a zoning consultant to help us better understand our current situation and future issues that will need to be considered before construction can begin, and have had various positive discussions with the Board to help guide us. Project:Nozomi is an approximately 35,000 ft<sup>2</sup> new facility that will include 5,800 ft<sup>2</sup> of classrooms for the Japanese Language Institute, 18,500 ft<sup>2</sup> for 2 x multi-purpose rooms, a food preparation area and offices. The estimated total cost for the design and construction of Project:Nozomi is \$17M. Fundraising is anticipated to start in 2023, with the goal of raising \$13.5M (80% of the total cost) by 2027 so that the design can start and construction can be completed by 2030. In August, the Future Planning Committee received unanimous approval to receive pledges for the approval to proceed w/ fundraising.

# The Japanese American Community Foundation Awards SFVJACC With A Health & Safety Grant For Seniors

By Garry Monji

The Japanese American Community Foundation (JACF) has evolved from the Japanese American Citizen's League (JACL) Health Insurance Plan founded in 1965 to assist those who were not able to buy insurance due to discrimination. The Japanese American Community Foundation was created as a non-profit organization in September of 2015, to identify and invest in solutions that meet the needs, interests and concerns, and promote programs that benefit the Japanese American and broader Asian American Communities.

The JACF has awarded grants to the San Fernando Valley Japanese American Community Center in the past. Grants were awarded to the SFVJACC in 2018 to assist our Seniors in learning how to utilize their smartphones and computers to communicate more effectively and to access a broad spectrum of information and tasks to simplify their lives. The grant in 2020 and 2021 provided funding for the sanitizing equipment, signage and materials to allow for the phased reopening of a sanitized Community Center in this age of COVID.

In September of 2022, the JACF again awarded the Community Center with a grant for a Senior Health and Home Safety Presentation Series. This generous grant will focus on the Health and Home Safety of our Community Center Seniors. Our Seniors remain the foundation and heart and soul of the Community

Center. As we age, this grant will raise the consciousness and awareness of our seniors and their caregivers. This grant will be coordinated with the Friday Senior Hot Meal Program from Mid-October 2022 until the end of January 2023. Presentations are on a wide variety of topics will include:

- Upcoming changes in Medi-Cal that may significantly impact the ability of our seniors to remain in their own home as their level of care increases.
- Implications of aging to Living Trusts and other legal documents
- Maintaining good body mechanics to promote good health
- The difference between Palliative Care and Hospice
- Living life to the fullest after a cancer diagnosis
- Safe senior medication management
- Fall prevention tips within the home
- Low impact exercises to promote health
- Seniors and self defense
- Senior safe driving practices
- Healthy and safe meal prep for Seniors

The Community Center and our members extends its sincere gratitude to the generosity and vision of the Japanese American Community Fund.

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## THE SFVJACC BOARD OF DIRECTORS

Presents

# SENIOR HEALTH AND HOME SAFETY

A Series of Thirteen Presentations to Improve and Enhance Our Seniors Quality of Life

Made possible by a generous grant from the:

**JAPANESE AMERICAN COMMUNITY FUND**

**Session 1: October 14, 2022 - Sakaguchi Hall from 10:30 am–11:30 am**

### **Aging In Place and Essential New Planning Tips**

**Laurie Shigekuni, Attorney at Law, Laurie Shigekuni and Associates (San Francisco)**

*Hear about important programs that offer supportive services to enable seniors to stay in their own homes. Two primary programs called the Program for All Inclusive Care for the Elderly (PACE) and In Home Support Services (IHSS) are available for a low cost for those who qualify for Medi-Cal long term care. Beginning January 2024, most people will be able to qualify because of a change in the law. Come and learn more!*

**Session 2: October 21, 2022 - Sakaguchi Hall from 10:30 am–11:30 am**

### **Fall Prevention Strategies**

**Megan Young, Occupational Therapist, Providence St. Joseph's Medical Center (Burbank)**

*Have you fallen at least once in the past year? That's ok, right? How do you know if you're at risk of falling? What should you do about it? Megan will go over risk factors to be aware of and strategies within the home and out in the community for fall prevention.*



**Session 3: October 28, 2022 - Sakaguchi Hall from 10:30 am–11:30 am**

**Strengthening Your Body to Prevent Falls**

**Fernando Ruiz, MS Graduate Candidate Kinesiology, (CSUN)**

*Overview of the things Seniors can do to strengthen their bodies to prevent falls within their home and when out in the community. Work on these strengthening techniques in a program being coordinated with the Senior Exercise class held in the SFV Judo Dojo.*

**Session 4: November 4, 2022 - Sakaguchi Hall from 10:30 am–11:30 am**

**Importance of Correct Spinal Mechanics in Daily Life**

**David Honjio, Doctor of Chiropractic, Chiropractic Health Clinic (San Fernando)**

*Learn about correct and incorrect sleep positions, and the mechanics involved with musculoskeletal stress retention and release. Correct spinal alignment when lifting, sitting and our everyday motions and movements.*

**Session 5: November 11, 2022 - Sakaguchi Hall from 10:30 am–11:30 am**

**Self-Defense Awareness**

**Emily Kumagai, Matsubayashi Shorin Ryu Dojo**

*This Presentation will cover the current situation we face as a community with Asian Hate Crimes and will discuss how to tactically be aware to prevent these unfortunate cases against senior citizens. The presentation is the first part of two-part series. The second half will be an interactive self-defense workshop in the SFV Judo Dojo at a date to be announced.*

**Session 6: November 18, 2022 - Sakaguchi Hall from 10:30 am–11:30 am**

**Palliative Care is not hospice. Do you know the difference?**

**Greg Kimura, MD, Medical Consultant, Palliative Care (Los Alamitos)**

*Learn what types of services are available in palliative care and understand the differences between levels of care. Know the difference between palliative care and hospice care.*

**Week 7: November 25, 2022 - Thanksgiving Holiday - No Session Scheduled**

**Week 8: December 2, 2022 - Pending**

**Session 9: December 9, 2022 - Sakaguchi Hall from 10:30 am–11:30 am**

**Making the Most of Your Doctor's Appointments**

**Harvey Negoro, MD, Internal Medicine (Retired)**

*Listen to tips on improving our Seniors and their caregiver's communication with their doctors to maximize the benefit of their doctor's appointment.*

**Session 10: December 16, 2022 - Sakaguchi Hall from 10:30 am–11:30 am**

**Life After Cancer**

**NJ Nakamura, MS Gerontology Nursing (Retired)**

*Discover more ways to enjoy all that your new life has to offer!*

**Week 11: December 23, 2022 - Christmas Holiday - No Session Scheduled**

**Week 12: December 30, 2022 - New Year's Holiday - No Session Scheduled**

**Session 13: January 6, 2022 - Sakaguchi Hall from 10:30 am–11:30 am**

**Senior Driving Safety Tips**

**Sandra Hattori-Okada, Occupational Therapist, Driving and Community Mobility**

*Learn strategies, cues and tips for Seniors to continue to drive safely and how to monitor your safe driving skills.*

# ONLY THE OAKS REMAIN

*A New Edition of the Tuna Canyon Detention Station Exhibit*

ONE DAY ONLY  
**Sunday, October 23, 2022**  
 1:00-4:00 PM

Special Showing  
*featuring*  
**Kathy Masaoka**  
 Descendant, Activist, Teacher

**“Undoing the Damage”**  
 Between 2:00-3:00 PM

San Fernando Valley Japanese  
 American Community Center  
 12953 Branford Street Pacoima, California 91331

Free admission  
 Refreshments will be served.

For more information:  
 Nancyoda64@gmail.com  
 nt.high.mtn@gmail.com

Pre-register by 10/16/22 at  
 Fooge-jkf@sbcglobal.net





**Boys and Girls can join the  
 BOY SCOUTS OF AMERICA**  
 Sign up and bring your kid along  
 for the adventure.

We need at least 5 people and  
 3 parents so we can start  
 planning a troop.

Contact Kyoko at  
[nancy\\_oda@sfvjacc.com](mailto:nancy_oda@sfvjacc.com)

**WELCOME NEW MEMBERS**

Ryan Chang  
 Walter & Myrna Delgado  
 Yumiko El-Sharkawi  
 Roderick Francisco  
 Rhona Francisco  
 Jan Gomez  
 Kenneth Gonzales  
 Martha Ha  
 Jacob Jepson  
 Stanley Kanai  
 Nou Lee  
 Phillip Natividad  
 Jacey Opiana  
 Krisna Perez  
 Vivian Quach  
 Justen Quirante  
 Makilion  
 Troy Salvador  
 Xavier & Raquel Valadez

**DEMENTIA CAREGIVERS  
 SUPPORT GROUP**

Sponsored by  
 Little Tokyo Service Center




"Are you a caregiver for  
 someone affected by  
 Alzheimer's disease or  
 other dementias? Our non-  
 judgmental, confidential  
 group meets on the first  
 Saturday of the month to  
 share concerns, experiences and ideas."

**All meetings are confidential.**  
**Group meetings are being done virtually.**

If you are interested in attending or want  
 more info, contact Coleen Nakamura at  
[cnakamura@ltsc.org](mailto:cnakamura@ltsc.org)

**ZUMBA with *Teresa* at SFVJACC**



**Location: Nikkei Pioneer Hall at SFV  
 Japanese American Community Center**  
 12953 Branford Street, Pacoima 91331

**Class meets every Monday**  
**7:00 - 8:00 pm**


**\$8.00 per class for CC Members**  
 (CC Membership required -  
 \$40 single/\$60 family)

\*Wear comfortable clothes & tennis  
 shoes and bring water & towel.

For more information, please contact Margaret  
 Takimoto: [jncmom@aol.com](mailto:jncmom@aol.com) or 818-621-8670

Sponsored by SFVJACC Athletics  
<https://www.sfvjacc.com>





SAN FERNANDO VALLEY  
JAPANESE AMERICAN COMMUNITY CENTER

# SUPER BINGO FUNDRAISER

Saturday, November 5, 2022  
5:00 PM

Nikkei Pioneer Building  
12953 Branford St • Pacoima 91331

**\$100.00 PER PERSON**

**GOLD PACKAGE**

**INCLUDES**

**5 Bingo Cards, 5 Raffle Tickets & Bento Dinner**

- Cash & Other Prizes for each Bingo Game
- Blackout Game Prize - \$500
- Raffle - Top 3 Prizes will be \$500 each - Plus Many Other Prizes!!

Deadline is Friday, October 24, 2022

To request an order form or if you want more information,  
email Lois Okui at [lois\\_okui@sfvjacc.com](mailto:lois_okui@sfvjacc.com) or Tadao Okui at  
[tadokui@aol.com](mailto:tadokui@aol.com) or call the CC office 818 899-1989.

**Thank you for your support!!**

## Volleyball Club

Sunday Night

6:00- 9:00 pm

In the gym



All ages & skill levels - 5th graders to adults

Contact: Kimiaki Chiba

[kimiakichiba@yahoo.com](mailto:kimiakichiba@yahoo.com) or

Kay Oda [kay\\_oda@sfvjacc.com](mailto:kay_oda@sfvjacc.com)

## Movie Review Club



We meet the first Monday of every month in the Conference Room at the Center from 12 noon to 3 PM.

Potluck Lunch

We view various movies followed by discussion.

Contact Liz Doomey for more information at 818-429-4096 or [lizdoomey@yahoo.com](mailto:lizdoomey@yahoo.com)



Join us at SFVHBT social hall for some delicious food and fun! Grab food to go or sit down and enjoy BINGO games afterwards. Get a chance to win great prizes!

**Note: Pre-ordering food is highly suggested. Limited quantities will be available at the event while supplies last.**

**When:** Saturday, November 12

**Time:** Pick up orders and sit down food will be available at 5 pm. BINGO will start at 6:00 pm.

**Cost:** \$8.00 Kalua Pork Platter - Pork, 2 scoops of rice and macaroni salad ~ \$2.00 per slice of cheese pizza ~ \$24.00 whole pizza (12 slices) ~ \$20.00 for 4 BINGO cards (note: 4 games will be played after dinner)

**Where:** SFVHBT Social Hall ~ **9450 Remick Ave Pacoima, CA 91331**

**Pre-orders for food and BINGO can be made by 2 ways:**

1. Go to <https://tinyurl.com/2p8j4ut2> and fill out the Google order form or
2. Fill out the paper form below and mail by Sat., Nov 5th to **9450 Remick Ave Pacoima, CA 91331**

### SFVHBT DINNER & BINGO NIGHT PRE-ORDER FORM for SAT. NOV 12

**Due date mail in form: Sat Nov 5th**

Name:	
Phone:	Email:

Food / Bingo Order	Price Per Order	# Of Orders	Cost:
1. Kalua pork ~ (pork with 2 scoops of white rice and macaroni salad)	\$8.00		
2. Pizza - Cheese	\$2 / slice		
3. BINGO cards *note: 4 games will be played after dinner is served	\$20 / 4 cards		
Payment type: circle one choice ~ <b>Zelle   Paypal   Check   Cash</b> (accepted on site the day of event)			Total cost: \$

- Payment options:
- ZELLE to [sfvhbt@sfvhbt.org](mailto:sfvhbt@sfvhbt.org)
  - CHECK AND FORM to SFVHBT – **9450 REMICK AVENUE, PACOIMA, CA 91331**
  - PAYPAL: San Fernando Valley Hongwanji Buddhist Temple



**DON'T MISS OUT ON  
HANDMADE MOCHI!  
ORDER BY  
NOV. 11 DEADLINE**



## SFVHBT MOCHITSUKI FUNDRAISER 2022

The San Fernando Valley Hongwanji Buddhist Temple will hold its annual **MOCHITSUKI FUNDRAISER** on **Sunday, December 11, 2022**. Temple members will prepare delicious, handmade mochi to supply our community for the holiday season. Please let your friends know, too.

**\*\*\*\*\*DEADLINE DATE TO ORDER IS FRIDAY, NOV. 11\*\*\*\*\***

**MOCHI ORDER PICK-UP: SUNDAY, DEC. 11 (11AM-1PM)**

At San Fernando Valley Hongwanji Buddhist Temple - 9450 Remick Avenue, Pacoima

### HOW TO ORDER

- 1) E-MAIL - [sfvhbt@sfvhbt.org](mailto:sfvhbt@sfvhbt.org) 2) PHONE - temple (818) 899-4030 3) MAIL IN - Completed order form below (write "mochi" on envelope)

### - SFVHBT MOCHI ORDER FORM -

NAME \_\_\_\_\_ PHONE OR EMAIL \_\_\_\_\_

ITEM	QTY <i>(Please make sure your Order is received or Postmarked by Nov. 11)</i>	PRICE	TOTAL DUE
KO-MOCHI (1 LB PKG)		\$6.00	
AN-MOCHI (3 LB PKG)		\$6.00	
OKASANE SET		\$6.00	

Please mark method of payment below:

1. Check included with this form \_\_\_\_\_
2. Zelle to [sfvhbt@sfvhbt.org](mailto:sfvhbt@sfvhbt.org) \_\_\_\_\_
3. Payment on Pick-up date (*exact cash or check*) at SFVHBT (*Sunday, 12/11, from 11am-1pm*) \_\_\_\_\_

Mail pre-order form and check (*payable to SFVHBT*) to: SFVHBT

9450 Remick Avenue  
Pacoima, CA 91331

Thank You for your Support. In Gassho ~ San Fernando Valley Hongwanji Buddhist Temple



## SFVJACC CLEAN UP DAY

Saturday, October 29, 2022

9 am - 12 pm

Please help us do repairs and beautify the CC grounds. It's been 3 years since our last Clean Up Day so much needs to be done. Lunch will be served.





**SAN FERNANDO VALLEY  
HONGWANJI BUDDHIST TEMPLE**

9450 Remick Avenue, Pacoima, CA 91331  
818 899-4030 sfvhbt@sfvhbt.org  
[www.sfvhbt.org](http://www.sfvhbt.org)

Supervising Minister: Rev. William Briones  
Temple President: Eric Reardon

Services continue to be held via Zoom, with hybrid (in-person and Zoom) services twice a month or so. Please contact the temple about in-person service guidelines or if you wish to be included on the Zoom invitation list. Please check our website for updates. Thank you, and be safe and well.

**October**

- 2 10:00 am Shotsuki monthly memorial and Eshinni-ko / Kakushinni-ko service (hybrid)
- 9 Temple clean-up (no service)
- 16 10:00 am Regular service (hybrid)
- 23 10:00 am Regular service
- 30 10:00 am Pet memorial service

**November**

- 6 10:00 am Shotsuki monthly memorial and Eitaikyo service (hybrid)
- 13 10:00 am Regular service
- 20 10:00 am Music service (tent.)
- 27 10:00 am Regular service

**December**

- 4 10:00 am Shotsuki monthly memorial and Bodhi Day service (hybrid)

Your donations gratefully accepted:

- Zelle to sfvhbt@sfvhbt.org
- PayPal on [sfvhbt.org](http://sfvhbt.org) or
- check mailed to SFVHBT (address above)



9610 Haddon Avenue  
Pacoima, CA 91331  
(2 blocks east of Laurel Canyon Blvd.  
between Branford and Osborne St.)

**Office Phone:**

818 896-1676 (English)  
(818) 899-4115 (Japanese)

Please refer to our website for more information: [www.crosswaysfv.org](http://www.crosswaysfv.org)

**English Department**

Pastor Raynold Nakamura

**Japanese Department**

Pastor In Hyun

We are now doing hybrid services and have resumed gathering on campus while maintaining the online streaming presence on Sundays at 10:00 am. For more information, email [info@crosswaysfv.org](mailto:info@crosswaysfv.org)



**Chatsworth West  
United Methodist  
Church**

**Open Hearts, Open Minds, Open Doors**

10824 Topanga Canyon Blvd.  
Chatsworth, CA 91311  
818 341-1270

E-mail: [chatsworthumc@juno.com](mailto:chatsworthumc@juno.com)  
FAX: 818 341 1271

**Pastor: Eric Iki**  
**Lay Leader: Jim Melichar**

Due to the changing times of the COVID-19 pandemic, services are being held on Sundays at 10 am and bible study on Thursdays at 10 am and 7 pm through Zoom.

If you would like to join the services or bible study meetings, call (818) 341-1270 or email at [chatsworthumc@juno.com](mailto:chatsworthumc@juno.com)



**SUNRISE JAPANESE  
FOURSQUARE CHURCH**

Church address:  
5853 Laurel Canyon Blvd.  
Valley Village, CA 91607

Pastors:  
Rev. Paul Iwata  
Rev. James Iwata

Join us for our worship services on  
Sundays at 10:30 am through Facebook at

[https://www.facebook.com/pg/sunrisejapanesechurch/posts/?ref=page\\_internal](https://www.facebook.com/pg/sunrisejapanesechurch/posts/?ref=page_internal)

## COORDINATING COUNCIL ORGANIZATIONS - MEETINGS - CONTACT PERSONS

Coordinating Council .....	3rd Wed., 7:00 PM.....	Kay Oda.....	818 899-1989
Community Center.....	1st Wed., 7:00 PM.....	Call CC Office.....	818 899-1989
Athletics.....	3rd Tues., 7:30 PM.....	Margaret Takimoto.....	818 701-7628
CC News .....	Lois Okui.....	818 892-1487.....	Email: lois_okui@sfvjacc.com
Chatsworth West United Methodist Church.....	2nd Sun., 1:00 PM.....	Pastor Eric Iki.....	818 341-1270
Crossway Church .....	2nd Sun., 12:30 PM.....		818 896-1676
Nikkei Senior Gardens.....	2nd Thurs. (even months), 7 PM..	Tadao Okui.....	818 517-7907
SFV Bonsai Club .....	4th Sun., 8 AM-12 PM..	Kazuhiko Nakanishi ..	805 492-3439
SFV Hongwanji Buddhist Temple.....	2nd Mon., 7:30 PM.....	Eric Reardon.....	818 899-4030
SFV JACL.....	2nd Wed., 7:00 PM.....	Nancy Takayama.....	818 601-6296
SFV Japanese Language Institute.....	2nd Sat., 8:30 AM.....	Kiyo Watanabe.....	818 237-8540
			818 896-8612 (Office)
SFV Judo Club .....	4th Wed., 7:03 PM.....	Kenji Couey .....	818 381-7232
SFV Meiji Senior Citizens Club..	1st Fri., 12:30 PM.....	Ritsuko Shinbashi.....	818 892-0470
Senior Hot Meals .....	Fri., 11:30 AM.....	CC Office.....	818 899-1989
Sunrise Japanese Foursquare Church.....		Reverend Paul Iwata....	818 782-8738
Valley Japanese Community Center.....	2nd Fri., 7:00 PM .....	Joy Longworth .....	818-270-6833

**Want to reserve the  
Community Center for  
an event?**

Call Tadao Okui at  
(818) 517-7907 or email:  
[tadao\\_okui@sfvjacc.com](mailto:tadao_okui@sfvjacc.com)

**Want to submit an  
article for the CC  
Newsletter?**

Email:  
[lois\\_okui@sfvjacc.com](mailto:lois_okui@sfvjacc.com)

CC Deadline:  
The 15th of every odd  
month.

## SPECIAL CLASSES

Aloha Club (Poker) .....	Tuesday (11 AM-3 PM)/Friday (12:30-3:00 PM)....	CC Office.....	818 899-1989	
<b>Ballroom Dance .....</b>	<b>Tuesday.....</b>	<b>7:00-9:00 PM .....</b>	<b>Barbara Okita .....</b>	<b>818 784-5128</b>
Bowling*, (Winnetka Bowl).....	Tuesday.....	9:30 AM .....	Sandra Yamamoto....	
Country Western Music* .....	Tuesday.....	10:00-11:15 AM .....	Janet Schuetze.....	818 767-1819
Exercise Class .....	Tuesday.....	9:00-10:00 AM .....	Liz Doomey.....	818 892-7381
Exercise Class .....	Friday.....	10:00-11:00 AM .....	Liz Doomey.....	818 892-7381
Hawaiian Hula (Ohana Pu'uwai Nani) ....	Monday.....	11:00 AM-12:00 PM .....	Suzan Akamine.....	818 367-1723
Hitomi's Cooking Class .....	2nd Tuesday.....	7:00-9:00 PM .....	NJ Nakamura.....	818 893-6503
Ikenobo Ikebana .....	2nd/4th Wednesday .....	10:00 AM-12:00 PM .....	Mayumi Dennis .....	818 224-3346
<b>Karaoke* .....</b>	<b>1st/3rd Thursday .....</b>	<b>10:00 AM-12:00 PM .....</b>	<b>Janet Yamamoto.....</b>	<b>818 365-8361</b>
<b>Kokusei Shigin Class .....</b>	<b>Tuesday (J-School).....</b>	<b>10:00-11:30 AM .....</b>	<b>Shigeru Kamimura ....</b>	<b>818 992-4673</b>
Line Dancing* .....	Thursday.....	10:00-11:15 AM .....	Call CC Office.....	818 899-1989
Movie Club.....	1st Monday .....	12:00-3:00 PM .....	Liz Doomey.....	818 892-7381
Nikkei Bowling League.....	Friday (Winnetka Bowl) .....	8:00-10:00 PM .....	Stan Date .....	818 701-6607
Ondo Dancing* .....	2nd/4th Friday .....	7:00-9:00 PM .....	Janet Yamamoto.....	818 365-8361
Ping Pong Club.....	Thursday/Tuesday .....	10:00 AM-3:00 PM .....	Aaron Sanwo .....	661 755-0584
Senior Arts & Crafts .....	Monday.....	10:00 AM-12:00 PM .....	Liz Doomey.....	818 892-7381
SFV Judo Club .....	Mon/Wed/Thurs/Fri .....	7:00-9:00 PM .....	Kenji Couey .....	818 381-7232
Tai Chi Class* .....	Monday.....	9:00-10:00 AM .....	Florence Takaaaze ....	310 202-6693
Ukulele Club .....	Friday.....	10:00-11:30 AM .....		
Zumba .....	Monday.....	7:30-8:30 PM .....	Margaret Takimoto....	818 701-7628

**Note: The classes and services in red are not yet meeting at the CC.**

## YOUTH SERVICE ORGANIZATIONS

**Girl Scouts.....** 3rd Saturday .....2:00-4:00 PM ..... Troop Leader: Akiko Manaka

## SUPPORT GROUPS & SERVICES

**Dementia Caregivers Support Group....** 1st Saturday..... 10:00 AM-12:00 PM ..... Facilitator: Coleen Nakamura,  
Online only Little Tokyo Service Center  
Contact her at [cnakamura@ltsc.org](mailto:cnakamura@ltsc.org)

Blood Pressure Screening\*..... 3rd Friday..... 9:30-11:00 AM ..... Nikkei Pioneer Conference Room

\*Meiji Senior Citizens' Activity or Service

For more information, call the CC at (818) 899-1989.

## **UPCOMING IN-PERSON EVENTS AT THE CC**

**October 23, 2022**

Tuna Canyon Detention Station Exhibit

**October 29, 2022**

CC Clean Up Day

**November 5, 2022**

SFVJACC Super Bingo Fundraiser

**October 28, 2022**

Keiro Iyashi Care Seminar

**October 29, 2022**

SFV JACL & SFV Japanese Language  
Institute Joint Halloween Party

**December 7, 2020**

SFVJACC Annual Membership  
General Meeting



SAN FERNANDO VALLEY JAPANESE  
 AMERICAN COMMUNITY CENTER NEWS  
 12953 Branford Street, Pacoima 91331  
 818 899-1989 Fax 818 899-0659

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**SFVJACC Mission Statement**  
 To preserve the Japanese culture and to promote the Japanese American experience through education, events, and activities for our community.

***Save These Dates!***

<p><b><u>October 29, 2022</u></b>          CC Clean Up  <i>(See small flyer on page 21)</i></p> <p><b><u>November 5, 2022</u></b>          Super Bingo Fundraiser  <i>(See flyer and order form on page 18 &amp; 19)</i></p>	<p><b><u>December 7, 2022</u></b>          SFVJACC Annual General Membership Meeting  <i>(See small flyer on page 4)</i></p>
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San Fernando Valley Japanese American Community Center

**2023 MEMBERSHIP FORM**

(Membership Period: January 1 to December 31, 2023)

1. Complete the information below.
2. Make check payable to "SFVJACC".
3. Send your check and this form to: SFVJACC

See Address in the upper right-hand corner of this page.

- Family Membership - \$60.00
- Single Membership - \$40.00

(Please Print)

Name \_\_\_\_\_ Phone \_\_\_\_\_  
 (Last Name) (First Name)

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Email Address \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

If you would like a paper copy of the newsletter mailed to you, please check the box.

If you do not want to be listed in future CC Membership Directories, please check the box.

For information, please call SFVJACC at (818) 899-1989. Fax is (818) 899-0659. Website: [www.sfvjacc.com](http://www.sfvjacc.com)